



COAAA Professional Education

February 22, 2024

9:00 a.m. - 12:15 p.m.

FREE

Understanding and Mitigating Vicarious Trauma

Vicarious trauma is an occupational challenge for people working and volunteering in the fields of social work, victim services, law enforcement, emergency medical services, fire services, and other allied professions, due to their continuous exposure to victims of trauma and violence.

Social Workers are often working with clients who share their personal trauma history. By listening to traumatic events vicarious trauma can develop and affect social workers' mental health. Vicarious trauma is the consequence of working with clients that have a traumatic past. This trauma impacts social workers' job satisfaction, personal life, and mental health.

Social Workers instinctively have protective strategies that insulate them from the horror of their clients' experiences. However, sometimes a client's story touches a vulnerable place, and the story after erodes a worker's ability to be self-protective. Over time, feelings of safety are often unattainable. This program will address what vicarious trauma is, how to recognize it, and strategies for addressing concerns around vicarious trauma in your work.

Presenter:

DeAnna Henderson Wilson, PhD is a Licensed Professional Counselor in the state of Ohio. She is a Certified Rehabilitation Counselor and holds an Online Teaching Certificate from Alabama State University. She is currently a Faculty Member of Walden University's College of Social Behavioral Sciences, in the School of Counseling. She received her Doctor of Philosophy Degree from Ohio University, and her Master's Degree from The Ohio State University.

Dr. Wilson's research interests include multicultural issues related to counseling and the academy, mentoring, membership of women, self-care and wellness, and ethical leadership. Dr. Wilson is the 2020 Past President of the National Rehabilitation Association (NRA), a member of the American Counseling Association, the National Rehabilitation Association, and the National Association for Multicultural Rehabilitation Concerns. Dr. Wilson serves on the Board of Directors for the National Association for Multicultural Rehabilitation Concerns. Dr. Wilson has co-authored four book chapters and has co-written several articles in the area of rehabilitation and mental health counseling.

Objectives:

At the end of this session, participants will be able to:

- ◆ Define vicarious trauma
- ◆ Identify warning signs and factors of vicarious trauma
- ◆ Identify practical coping strategies and support to address vicarious trauma

Continuing Education Units 3.0

3.0 Social Work Clock Hours (#RSX059002) 3.0 Counselor Clock Hours (#RCX109207)

COAAA Professional Education

February 22, 2024

9:00 a.m. - 12:15 p.m.

FREE

Registration Form

Deadline Feb 15

Understanding and Mitigating Vicarious Trauma

*** please email registration form to mmassey@coaaa.org***

Name: _____

Agency: _____

Address: _____

Special accommodations needed due to disability:

Phone (_____) _____

Email: _____

COAAA is happy to offer FREE workshops effective 2024

Licensure Social Worker Nurse Other _____

(please email registration form to mmassey@coaaa.org)

Questions? Call (614) 645-7250 or 1-800-589-7277. COAAA cannot accept registrations over the phone.



Central Ohio Area Agency on Aging

3776 S. High St., Columbus, OH 43207

614-645-7250 1-800-589-7277 www.coaaa.org coaaa@coaaa.org

Your Aging and Disability Resource Network