



COAAA Professional Education

March 13, 2024

9:00 a.m. - 12:15 p.m.



Empowered Resilience: Engaging in Cultural Responsive and Trauma Supportive Care for Marginalized Individuals and Communities

Explore and increase understanding regarding the impact of oppression and marginalization as trauma for individuals and communities with a focus on the ways relationships and connection can be used as tools in creating collaborative healing environments. Why these matter: understanding trauma and how traumatic events can impact both individuals and communities is essential when promoting recovery and resilience, and reduces the potential for ongoing harm and re-traumatization through engagement and treatment experiences. Trauma-informed/supportive care is a treatment and engagement framework that involves understanding, recognizing and responding to the effects of all types of trauma and/or prolonged stress. This framework emphasizes the physical, psychological, and emotional safety of participants and providers, and supports survivors in rebuilding a sense of control and empowerment.

Presenter:

Erin Upchurch (she/her), MSSA, LISW-S presently serves as the Executive Director for Kaleidoscope Youth Center, an organization that works to serve and support LGBTQIA+ youth and young adults. She is an integrative social work practitioner, a long-standing community leader, and a facilitator of conversations centered on disrupting harm in marginalized and minority communities. Her approach is focused on regulating and resting individual, collective, and organizational nervous systems in support of collective rest, clarity, and increased capacity. Erin is additionally Adjunct Faculty at The Ohio State University College of Social Work. As a practitioner, she specializes in working with youth, families, and communities in the areas of mental health.

Objectives:

At the end of this session, participants will be able to:



- ◆ Increase their understanding regarding the impact of trauma and exposure to prolonged stress specific to minority / marginalized communities
- ◆ Recognize experiences of marginalization and oppression as trauma
- ◆ Identify tools to support culturally responsive and inclusive environments
- ◆ Identify tools to encourage a sense of belonging and connection within teams/communities
- ◆ Recognize and respond to the impact on providers when working with those impacted by trauma

Continuing Education Units 3.0

3.0 Social Work Clock Hours (# RSX059002) 3.0 Counselor Clock Hours (RCX109207) BELTSS (Application Submitted)

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FREE

Registration Form

Deadline Mar 8

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*** please email registration form to mmassey@coaaa.org***

Name: _____

Agency: _____

Address: _____

Special accommodations needed due to disability:

Phone (_____) _____

Email: _____

COAAA is happy to offer **FREE** workshops effective 2024

Licensure Social Worker Nurse NHA (license # _____)

Other _____

(please email registration form to mmassey@coaaa.org)

Questions? Call (614) 645-7250 or 1-800-589-7277. COAAA cannot accept registrations over the phone.



Central Ohio Area Agency on Aging

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Your Aging and Disability Resource Network