



E-Newsletter

Spring & Summer 2025



The mission of Central Ohio Area Agency on Aging is to inform and support people as they navigate the experience of aging or disability.



An Evening of Impact and Fun

An estimated 250 attendees joined COAAA Thursday, May 22, 2025, for The State of Aging, an event that highlighted COAAA's work and 16 extraordinary older adults.

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2024 COAAA Impact Report

COAAA recently released its 2024 Impact Report, which includes comprehensive information about COAAA's work and dedication to serving the community.

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Advocacy at the Federal and State Level

COAAA continues to advocate at the state and federal levels to ensure older adults and people with disabilities maintain access to vital services and supports.

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COAAA Seeking GeriFit Partners

COAAA is seeking additional partners to implement GeriFit, a series of seated or standing exercises with THERABANDS and small weights.

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Meet Volunteer Guardians Christine and Kathy

Two volunteer guardians in the Volunteer Guardian Program through COAAA recently participated in a video interview to share their guardianship experiences.

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Looking Forward to Columbus Pride

COAAA understands the critical importance of participating in Columbus Pride and will proudly join organizations and the community for the June 14th event.

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COAAA to Sponsor Black Men's Wellness Day

COAAA looks forward to sponsoring the Senior Pavilion at Black Men's Wellness Day in Columbus. Be sure to stop by COAAA's resource table at the event.

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Home in Hilliard, Newest Central Ohio Village

COAAA provided seed funding for central Ohio's newest village, Home in Hilliard. Villages are membership groups that connect members to services and supports.

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Additional Updates

COAAA publishes [resource guides](#) that cover information on a variety of important topics. These helpful guides are updated annually and offer information about local agencies and organizations that provide services of interest to older adults and caregivers. [Guides](#) can be downloaded or ordered free of charge from COAAA.

COAAA is a growing organization with full-time opportunities for licensed social workers and registered nurses in programs serving and supporting older adults and individuals with disabilities. Learn more by visiting [COAAA's Career Opportunities page](#).

COAAA provides approved and affordable continuing education credits (CEUs) to aging professionals through its Continuing Education workshops. These workshops are open to social workers, counselors, and nurses. Workshops will begin again in August. Be sure to visit COAAA's [Continuing Education page](#) later this summer to learn more about the workshop schedule.

COAAA's [Medicare Education and Outreach](#) team helps individuals navigate the Medicare system by providing unbiased information. If you're new to Medicare, or if you need help understanding your options, COAAA's knowledgeable and experienced staff are available to answer your questions. [Learn more](#).

The [National Family Caregiver Support Program](#) through COAAA provides advice, education, and support to caregivers. COAAA caregiver advocates connect the community to information and resources, including Trualta, a free online platform geared toward equipping family caregivers with knowledge and skills to care for loved ones.