

**Central Ohio Area Agency on Aging (COAAA)  
ARPA TITLE III Service Specifications (August 2023)**

**Medical Assessment**

**Description:**

A program organized to provide an individual with a basic health screening (including mental and behavioral health screening and falls prevention services screening) to detect or prevent (or both) illnesses and injuries that occur most frequently in older adults. The purpose of such screening is only to identify problems needing more in-depth diagnosis and treatment services. Assessments should be conducted in a private setting, home or office.

Medical Assessment involves a comprehensive evaluation of an older adult's health status. The assessment should be conducted by trained professionals, such as nurses or licensed healthcare providers, to identify health concerns, develop care plans, and connect clients to appropriate services. Some examples of tasks within the Medical Assessment program include:

- Conducting physical examinations, including vital sign measurements, routine laboratory tests, vision and hearing tests, and foot screenings
- Reviewing medical history and medication lists.
- Assessing functional abilities, such as mobility and activities of daily living.
- Screening for cognitive impairments or mental health issues.
- Identifying potential risks, such as falls or social isolation.
- Collaborating with clients, families, and healthcare providers to develop personalized care plans.

**Provider Requirements:**

- Providers must be qualified healthcare professionals, such as registered nurses, nurse practitioners, or physicians.
- They should possess the necessary licenses and certifications to perform medical assessments.
- Providers should have knowledge and experience in geriatric care, including a thorough understanding of common health conditions and age-related changes.

**Supervision Requirements:**

- Required supervision or oversight by a licensed healthcare professional, such as a physician or nurse supervisor.

**Documentation Requirements:**

- Providers must maintain accurate and up-to-date client records, including assessment findings, care plans, and any referrals or follow-up actions taken.
- Providers are required to submit regular reports to COAAA via WellSky data collection software

- Documentation should comply with relevant privacy and confidentiality laws, such as the Health Insurance Portability and Accountability Act (HIPAA).

**Units of Service:**

- Units of service in the Medical Assessment program are typically measured on a per- client basis.
- Each client's assessment, care plan development, and related tasks constitute one unit of service.

**\*\*Note: Medical Assessment will be replacing Health Services as a fundable Older Americans Act Title III service effective 1/1/24\*\***