



E-Newsletter

Fall 2025



The mission of Central Ohio Area Agency on Aging is to inform and support people as they navigate the experience of aging or disability.



Learning better vehicle fits at COAAA CarFit event

Drivers attended COAAA's CarFit event on Monday, Sept. 8 to learn how to improve the overall fit in their vehicles. CarFit improves older adult driver safety and comfort

[Read More](#)



Helpful Information for Medicare Open Enrollment

COAAA is an unbiased resource for helpful Medicare information. Also, check out September's Medicare for Beginners workshop recording.

[Read More](#)

HIGHLIGHT

COAAA Program Highlight: Screening and Assessment

Screening and Assessment at COAAA serve important roles in offering community services information and determining eligibility for COAAA waiver programs.

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An engaging community events season

COAAA participated in many community events over the summer, and will continue its outreach at upcoming health fairs and community events this fall.

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Falls Prevention Month

Falls Prevention Month is observed each September to raise awareness of fall risks among older adults and important mitigation efforts to keep individuals from falling.

[Read More](#)



Senior Center Month

Senior centers are valuable resources that offer education, socialization, exercise, and additional activities of interest for older adults.

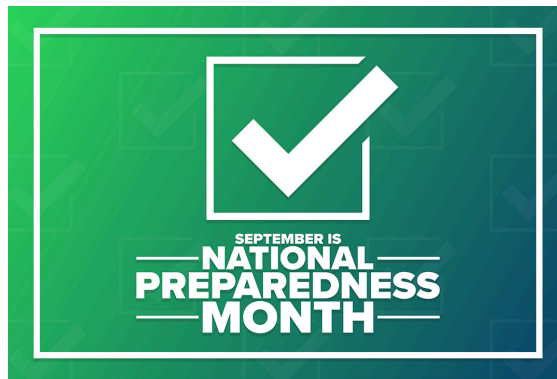
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HEAP Summer Crisis Program helping Ohioans stay cool

Income-eligible Ohioans can receive assistance paying their electric bill, purchasing an air conditioner or fan, or making air conditioning unit repairs.

[Read More](#)



September is National Preparedness Month

National Preparedness Month is an opportunity to learn how to prepare for disasters or emergencies, what to do during one, and what's needed afterward.

[Read More](#)

Additional Updates

COAAA publishes [resource guides](#) that cover information on a variety of important topics. These helpful guides are updated annually and offer information about local agencies and organizations that provide services of interest to older adults and caregivers. [Guides](#) can be downloaded or ordered free of charge from COAAA.

COAAA is a growing organization with full-time opportunities for licensed social workers and registered nurses in programs serving and supporting older adults and individuals with disabilities. Learn more by visiting [COAAA's Career Opportunities page](#).

COAAA provides approved and affordable continuing education credits (CEUs) to aging professionals through its Continuing Education workshops. These workshops are open to social workers, counselors, and nurses. Workshops started again in August. Visit COAAA's [Continuing Education page](#) to learn more about the current workshop schedule.



Central Ohio Area Agency on Aging | 3776 S. High Street | Columbus, OH 43207 US

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