



COAAA VIRTUAL DEMENTIA CAREGIVER SUPPORT GROUP

Details

- Meets at 10:00-11:30am on Monday of each week. Call or email one of the facilitators to receive connection information for virtual meetings. Can either connect with video or by phone call.
- Visit our website at www.coaaa.org

CONTACTS/FACILITATORS

- Jennifer Tiedt
jtiedt@coaaa.org,
614-645-0376

COMMUNITY EDUCATION & CAREGIVER SUPPORT

- Daniel Seltzer
dseltzer@coaaa.org
614-724-7007
- Stephanie Andrews
sandrews@coaaa.org
614-645-7460

Build a support system with people who understand. Our support group is conducted by trained facilitators, is a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.