Care Transitions

Registered nurses (RNs) in Care Transitions work with hospital patients during a 30-to 60-day intervention to ensure a safe transition from the hospital to the home and to identify ways individuals can avoid hospital readmission. Eligibility for this program includes a recent or pending hospital discharge and residence in COAAA's eight-county service area.

Veteran Directed Care (VDC)

Provides veterans of all ages the opportunity to receive in-home services and empowers the veteran to determine who provides their care. Learn more: **www.coaaa.org/VDC**

Central Ohio Pathways HUB

The Central Ohio Pathways HUB is comprised of Community Health Workers (CHWs) who work collaboratively with patients to help them access essential community resources and resolve challenges they may face in the community. CHWs assist individuals in finding and establishing relationships with medical and behavioral health services, act as a liaison between various providers and patients, help navigate the health insurance system and apply for benefits, find resources for clients, and provide support for patients who are pregnant or have chronic diseases. There are no age or income requirements, but individuals must reside in COAAA's eight-county service area.

Wellness, Education & Training

COAAA offers presentations and workshops for community groups and organizations that cover a number of aging topics. The programs are:

A Matter of Balance
An evidence-based, eight-session falls management workshop series that addresses the fear of falling and how to increase physical activity.

Healthy, Well & Wise
COAAA presents free, one-hour talks addressing health and safety issues to older adults and their families. Ideal for church groups, support groups, senior residences, and anyone interested in older adult issues.

Medicare Education and Outreach
Staff educates individuals and caregivers on important changes in Medicare coverage and how to navigate the Medicare system. One-on-one assistance is available via phone consultations, email, or in-person. Group presentations are also available.

Professional Education
COAAA hosts workshops throughout the year that provide approved and affordable continuing education credits for professionals who work with older adults and individuals with disabilities, such as social workers, counselors, and nurses. Learn more about our programs: **www.coaaa.org/education**.

COAAA operates as a Regional Council of Governments consisting of representatives from Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway, and Union counties. COAAA is one of 12 Area Agencies on Aging (AAA) and one of approximately 620 such organizations in the United States. AAAs were established by the Older Americans Act in 1973 to respond to the needs of people 60 years of age and older.

Central Ohio Area Agency on Aging

Through aging or disability, Central Ohio Area Agency on Aging is your connection to care.



COAAA
CENTRAL OHIO
AREA AGENCY
ON AGING

Central Ohio Area Agency on Aging
3776 S. High Street
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800-589-7277
www.coaaa.org



CENTRAL OHIO AREA AGENCY ON AGING

Our Mission and Vision

Our Mission
The mission of Central Ohio Area Agency on Aging is to inform and support people as they navigate the experience of aging or disability.

Our Vision
The vision of Central Ohio Area Agency on Aging is for individuals and families to have knowledge and access to the information and resources they need to live with independence and dignity.

About Central Ohio Area Agency on Aging

COAAA helps older adults and individuals with disabilities live safely and independently in their homes and communities for as long as possible. With the assistance of area providers, COAAA arranges and coordinates in-home services to help people with daily living, including, but not limited to, homemaking, home-delivered meals, personal care, and transportation. COAAA offers education and resources to family caregivers, the public, and professionals. COAAA also advocates for programs and policies that benefit older adults and individuals with disabilities. Through aging or disability, COAAA is your connection to care. COAAA serves eight central Ohio counties: Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway, and Union.

In-Home Service Programs

COAAA arranges and coordinates long-term care services that give individuals choice and dignity to live independently in their home. COAAA in-home service programs provide long-term care services in the community to people who would otherwise be in an institution or nursing home.

Whether it's personal care, homemaking, home-delivered meals, transportation, skilled-nursing, emergency response, adult day care, or minor home modification, COAAA coordinates a care plan to meet the person's specific needs. COAAA can provide a free consultation or assessment to determine eligibility for the following programs:

PASSPORT - provides in-home services as an alternative to nursing home care for individuals 60 and older.

MyCare Ohio - services are similar to PASSPORT and are delivered to consumers living in five counties: Delaware, Franklin, Madison, Pickaway, and Union.

Assisted Living Waiver - pays for care costs in an approved assisted living facility. Individuals are responsible for room and board. Must be 21 or older.

Franklin County Senior Options - property tax levy program that connects Franklin County residents 60 and older to in-home services.

Referrals for COAAA in-home service programs are accepted from physicians, community organizations, family, friends, or individuals who are requesting help for themselves. To learn more about eligibility, call us at 800-589-7277, or complete the online request form: **www.coaaa.org/request_form.php**.

If an individual does not qualify for COAAA services, COAAA will make referrals to other resources that meet the person's needs. Learn more about our programs: **www.coaaa.org/programs.**





Caregiver Services

COAAA provides free consultation, education, and support to help family caregivers manage complex caregiving issues. Learn more: **www.coaaa.org/caregiver.**

Included in COAAA's caregiver services is a partnership with Trualta, which is a personal, no-cost website that offers information and training that supports family members caring for loved ones living at home. Sign-up online: **coaaa.trualta.com.**

Volunteer Guardian Program (VGP)

VGP recruits, trains, and provides ongoing support to volunteers who wish to become a legal, court-appointed guardian for a nursing home resident. Guardians make quality of life decisions with or for the person they serve.

Individuals served in VGP have lost the ability to do this for themselves, often due to aging related illness or mental health impairment. Volunteer guardians do not have financial responsibility for the person. VGP serves Delaware, Fairfield, Fayette, Franklin, Licking, and Pickaway counties. Learn more: **www.coaaa.org/VGP**

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