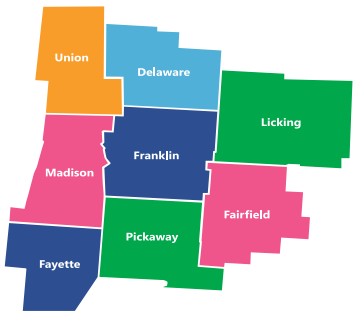
Central Ohio Area Agency on Aging

Transition and Moving Guide

Updated August 2026





Counties served: Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway and Union.

Call us at 800-589-7277 or visit our website www.coaaa.org.

This information is provided by:
The National Family Caregiver Support Program

This is a nationally funded program operated in Central Ohio by the Central Ohio Area Agency on Aging (COAAA). It offers caregiver workshops and funds services designed to assist caregivers on a short-term basis. The services include: information and assistance, counseling, respite, and other supplemental services.

Request a copy or download our other guides from our website: www.coaaa.org/guides

- Central Ohio Older Adults Resource Guide
- The Caregiver Toolbox: Guide to Independent Living
- Central Ohio Long-Term Care and Hospice Guide
- Central Ohio Pet Care Guide
- Central Ohio In-Home Care and Hiring Guide
- Central Ohio Utility Guide
- Central Ohio Transportation Guide
- Central Ohio Support Group Guide
- Central Ohio Transitions and Moving Guide
- Central Ohio Kinship Care Guide

The COAAA also provides monthly Caregiver Support Groups & Information Sessions. For more information call 800-589-7277 or visit www.coaaa.org. Call your local county agency below:

SourcePoint
800 Cheshire Dr.
Delaware, OH 43015,
740-363-6677
www.mysourcepoint.org

The Senior Hub of Fairfield County
1515 Cedar Hill Rd.
Lancaster, OH 43130
740 681-5050
www.theseniorhubfc.org

Fayette County Commission on Aging
1179 S. Elm Street
Washington CH, OH 43160
740-335-2159
www.fayette-co-oh.com

For Caregiver Services:

Community Action Commission of Fayette County
1400 Co. Hwy. 22
Washington CH, OH 43160
740-335-7282
www.cacfayettecounty.org.

Franklin County Office on Aging
280 E. Broad St., 3rd Floor,
Columbus, OH 43215
614-525-6200
www.officeonaging.org

Licking County Aging Program
1058 E. Main Street
Newark, OH 43055
740-345-0821
www.lcap.org

Madison County Senior Center
280 W. High Street
London, OH 43140
740-852-3001
www.mcsenior.org

Pickaway County Senior Center
2105 Chickasaw Dr., PO Box 565
Circleville, OH 43113
740-474-8831
www.pickawayseniors.org

Central Ohio Support Transition and Moving Guide

Table of Contents

This Guide provides information about the individuals companies, and organizations that provide transition or moving services in the following 8 Central Ohio counties: Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway, and Union.

Aging Life Care Professionals 2
Private Patient Advocate..... 3
Seniors Real Estate Specialists 3
Senior Move Managers 4
Nesterly Central Ohio 5
Assistance in Seeking Long-Term Care 5
Professional Organizers & Productivity Consultants 6
Estate Sale and Auction Companies 8

This resource guide is brought to you by the Central Ohio Area Agency on Aging. Any unauthorized use and/or duplication of this material without the prior express and written permission from the Central Ohio Area Agency on Aging is strictly prohibited.

This guide is not a substitute for professional advice and care. If you have specific needs, please see a professional provider. Links to web sites are provided for convenience and do not constitute or imply endorsement. Every reasonable effort is taken to ensure accurate information; however, we cannot guarantee completeness or timeliness. COAAA assumes no responsibility for outcomes resulting from the use of information contained in this guide.

Aging Life Care Professionals





An Aging Life Care Professional, also known as a Private Geriatric Care Manager, is a health and human services specialist who acts as a guide and advocate for families who are caring for older relatives or disabled adults. The Aging Life Care Professional is educated and experienced in any of several fields including, but not limited to nursing, gerontology, social work, or psychology. They are able to address a broad range of issues related to the well-being of their client. They often have knowledge about the costs, quality, and availability of resources in their communities.

They generally charge an hourly fee and are insured. Their national association's website is www.aginglifecare.org.

Melanie S. Hankinson, LPTA, CSA
IKOR of NW Columbus
614-956-1231
melanie.hankinson@ikorcolumbus.com
www.ikorcolumbus.com

Jeanna McElroy, BA, CMC
Senior Support Services, LLC
614-887-7750
Jeanna@seniorsupportservicesohio.com
www.seniorsupportservicesohio.com

Gayle S. Rosen, MBA
Age Well Options
614-254-6593
gayle@agewelloptions.com
www.agewelloptions.com

Private Patient Advocate

Annette Ticoras, MD, provides private patient advocacy services to Central Ohio seniors and their families. As a physician, she helps families in the healthcare system who are overwhelmed, confused, and uncertain of the next steps. She provides clients and their families with much needed medical interpretation, direction, and support. She can translate the medical jargon often thrown at seniors and their families and help them process large volumes of health information in a short period of time. Guided Patient Solutions'(GPS) services include such things as accompaniment to routine medical care appointments, surgery, ER visits, and hospitalizations. Contact 614-981-5951 or learn more at www.GPScolumbus.com.

Senior Real Estate Specialists

Real Estate Agents can pursue a special designation/specialty as Senior Real Estate Agent. The SRES designated agent takes special courses designed to build skills and resources needed for specialization in the 50+ real estate market. The SRES designation program provides ongoing professional training and development as well.

To locate a SRES designated Real Estate agent, go to www.seniorsrealestate.com.

Senior Move Managers

Senior Move Management is the profession that assists older adults and their families with the emotional and physical aspects of relocation and/or "aging in place." Although specific services vary, most Senior Move Managers® can help with some or all of the following:

- Developing an overall move or "age in place" plan
- Organizing, sorting and downsizing
- Customized floor plans
- Arranging for the profitable disposal of unwanted items through auction, estate sale, buy-out, consignment, donation, or a combination of the above
- Interviewing, scheduling, and overseeing movers
- Unpacking and setting up the new home

They generally charge an hourly fee and are insured. Visit their national association's website for more information: www.nasmm.org.

Senior Downsizers
614-600-2179
www.seniordownsizers.com

Rosie's House
734-560-1078
www.rosiehouse.com

Transitioning Your Senior
Tonya Kreml
614-266-3285
www.transitioningyoursenior.com

Smooth Transitions
This is a national company with local affiliates in Columbus and Westerville
614-570-2964
www.smoothtransitions.com

Blue Robin Downsizing
Libby Patrick
740-706-1480
www.bluerobindownsizing.com

Downsize With A Heart
Furniture Bank of Central Ohio
614-272-9544
www.furniturebankcoh.org/downsize-services/

Nesterly Central Ohio

- Nesterly is an online platform which matches hosts (homeowners who have a room to rent) and guests for a homesharing arrangement of at least 1 month or longer.
- Nesterly offers a platform which background checks both parties, helps to negotiate a lease, and arranges for automated payments.
- Allows both parties to customize what an ideal homeshare arrangement looks like for each person and allows for a task exchange for a simple reduction in rent.
- For more information visit www.nesterly.com.

Assistance/Advisors For Those Seeking Long-Term Care Placement

A group of companies and advisors who assist families in locating options when a person is seeking long term care placement. These services are generally at no cost to an individual or a family since the facilities pay the advisors a fee for successful placement. These advisors will locate options for individuals, accompany people on a visit, assist to negotiate placement and often assist with the actual move. They generally assist individuals who will be paying privately for assisted living, intermediate, or skilled nursing home placement.

A Place for Mom-Central Ohio
855-589-2794
www.aplaceformom.com

Care Patrol
614-888-7233
www.carepatrol.com

Assisted Living Locators
614-636-4905
www.assistedlivinglocators.com

Illuminate Senior Services
740-857-5258
www.illuminateseniorservices.com

Senior Transition Experts
614-947-3611
www.seniortransitionexperts.net

Oasis Senior Advisors
614-738-3311
www.oasissenoradvisors.com

Professional Organizers and Productivity Consultants

▪ People who work in this field are very diverse; however, they generally charge an hourly fee and are insured. The national association's website is www.napo.net and the state association is www.napo-ohio.com. If there is a CPO beside the organizer's name, it means they have undergone a certification process with this organization.

▪ There is another organization that specializes in more serious types of organizing challenges. It is called Institute for Challenging Disorganization (ICD). Its website is www.challengingdisorganization.org. The website has very helpful information to assist those struggling with organizing their spaces as well as lists of professionals who can help those struggling with hoarding and collecting disorders.

▪ There may be others working in this field who are not members of these professional organizations. The COAAA is only able to list those who are members of the above mentioned professional organizations. If you are hiring a person/company not on this list, ask about their credentials, insurance to be in your home, and written policies about handling your possessions. Anytime you hire any professionals, you should ask to see written confirmation of these issues.

▪ Among the types of activities that a professional organizer can do for someone is:

o **Hands-on organizing**—one organizer or an entire organizing team can come to a home (or office) to organize the space and then advise a person on the best organizing tools and tactics for their specific challenges. They can also help people make decisions about what to keep, how to handle donations, recycling, and trash removal. The time investment can be anywhere from a few hours to many weeks, depending on the size of the space, the amount of clutter, and the person's ability to make decisions.

o **Home maintenance**—organizers can help create better organizing systems for relatively organized homes. Home maintenance could include an annual clean-out of the kitchen pantry or help with redesigning the home's garage and storage areas. Organizers can communicate a person's needs with the rest of the household to streamline communication and reduce friction.

o **Moving, relocating, and downsizing**—Some professional organizers specialize in moves and relocations. They'll help to manage everything from interviewing moving companies to packing, unpacking, and organizing all of the household belongings.

Professional Organizers and Productivity Consultants

Accent on Organizing
Cathy Van Volkenburg, CPO
614-309-6170
www.accentonorganizing.com

Can Do! Organizing and More
Beth Johnson/Cora Marks
614-596-4747
www.candoorganizingandmore.com

The Disarray Doctor
Michele Schwartzwalder
614-893-5253
Thedisarraydoctor.com

Organize Me for Good
Christy Talese, CPO
614-338-8491 or 330-465-4446
www.organizemeforgood.com

Organized by L
Ellen Limes, CPO
614-499-2443
www.organizedbyL.com

Organize Me!
Leslie Aronoff
419-509-5466
www.organizeme.life

Serenity Now Organization
Alicia Turner
740-251-8442
www.serenitynoworganization.com

Sorting Together
Teresa Stevenson
614-845-2006
info@sortingtogether.com
www. sortingtogether.com

Transformare Organizing Services
Julie Otto-Riber, CPO
614-329-5908
www.transformareorganizing.com

Twin Brooks Organizing
Karen Kruzan CPO-CD, LISW-S
(ICD Certified)
614-795-0626
www.twinbrooks.us
Also offers professional counseling.

Estate Sale and Auction Companies

• These are companies that will sell items from the home. Some companies will price and auction individual items; some companies will arrange an estate sale at the home. Some companies specialize in particular items or geographic areas.

• To find a company, check with one of the professionals listed on previous pages or read online reviews carefully and talk to a few companies before proceeding.

• Most companies will charge a set percentage (ex: 20%-40%) for each sale. The percentage does vary by location, and the type of items being sold. Common tasks of a company are:

o Sift through all the items in the home, including closets, garages, attic, and cabinets to ensure all salable items are accounted for.

o Organize and stage each item and piece of furniture in the home in order to make them more desirable.

o Research and price each item at the highest value possible.

o Photograph and market the sale online.

o Staff the sale with individuals on the days of the sale.

TRUALTA

COAAA CENTRAL OHIO AREA AGENCY ON AGING

Free online training and support is available to caregivers like you

- Improve your confidence, reduce stress, and prevent burnout
- Connect with other caregivers through community chat rooms
- Access on-demand resources to suit your schedule
- Suit your learning preference with videos, articles, audios, interactive scenarios in English and Spanish

A Variety of Topics

- Communication changes
- Behavior management
- Transition from hospital to home
- Personal care
- Activities and recreation
- Your own wellness
- Heart and lung health
- Mobility and fall prevention
- Documents and decision-making
- Meaningful activities
- Grief and loss
- Caring for kids

coaaa.trualta.com

Sign up today!



"The caregiver portal was my first support system when caring for my mother with dementia.

There is so much helpful information in one place and I learned so much about providing care."

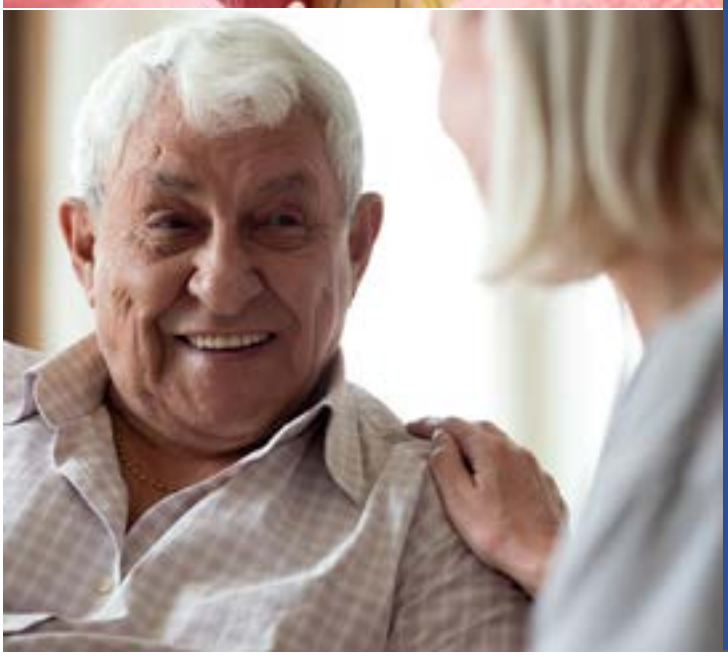
Laura W, caring for her mother

Contact Us to Learn More

Central Ohio Area Agency on Aging
email: caregiver@coaaa.org
phone: 614-645-7250







Do you need help at home?

Are you caring for a loved one?

Call COAAA today!

Central Ohio Area Agency on Aging (COAAA) helps older adults and individuals with disabilities live safely and independently in their homes for as long as possible. We have the knowledge and experience to connect you to the resources and services you need.

COAAA
CENTRAL OHIO
AREA AGENCY
ON AGING

Your Connection to Care

800-589-7277

coaaa.org