



COAAA VIRTUAL DEMENTIA CAREGIVER SUPPORT GROUP

Details

- Meets from 10:00 am to 12:00 pm on Monday every week. Call or email one of the facilitators to receive connection information for virtual meetings. Can either connect with video or by phone call.
- Visit our website at www.coaaa.org/caregiver

PRIMARY CONTACT:

- Jennifer Tiedt, Housing Services and Caregiving Program Manager
jtiedt@coaaa.org
614-645-0376

SUPPORT GROUP FACILITATORS:

- Daniel Seltzer, Community Education & Caregiver Support
dseltzer@coaaa.org
614-724-7007
- Stephanie Andrews, Community Education & Caregiver Support
sandrews@coaaa.org
614-645-7460

Build a support system with people who understand.

Our support group is conducted by trained facilitators, is a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.