



E-Newsletter Winter 2024



COAAA to Celebrate Milestone 50th Anniversary throughout 2024

COAAA will celebrate its 50th anniversary in 2024. COAAA is part of a larger network of Ohio Area Agencies on Aging celebrating this milestone anniversary.

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Brenda Lynne and YoLanda Lewis Join Administrative Team

Brenda Lynne and YoLanda Lewis joined the COAAA Administrative Team in early January. Both will oversee COAAA's Aging and Disability Resource Network division.

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An Immersive Program for New COAAA Employees

After years of discussion on how to bring work lessons to life, COAAA University was created to strengthen knowledge and skills among COAAA staff.

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Free CEUs in Honor of COAAA 50th Anniversary

In honor of COAAA's 50th anniversary, the agency will offer free continuing education workshops in 2024. COAAA offers up to 30 different workshops per year.

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COAAA Career Opportunities

COAAA currently has career opportunities for licensed social workers, registered nurses, and college graduates in social work and nursing.

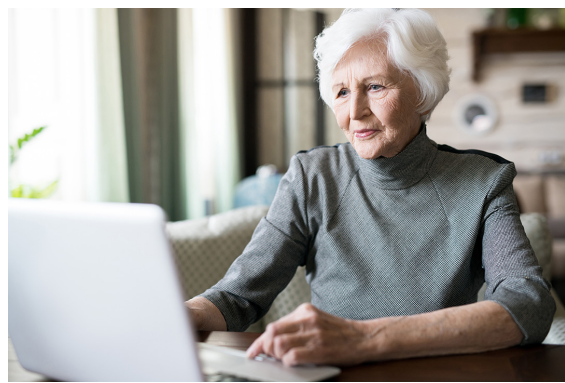
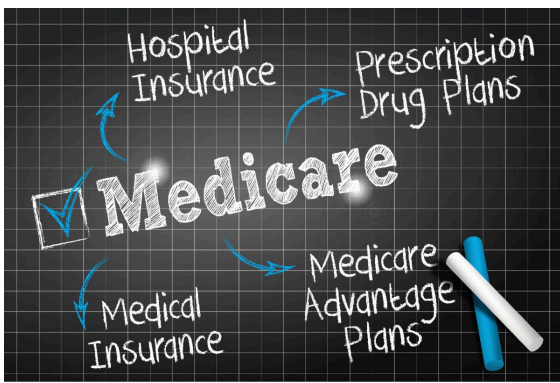
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A Labor of Love

Mary Donahue, a longtime donor coordinator for COAAA's annual gift drive, recently spoke about what inspires her to volunteer each year.

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2024 Medicare for Beginners Workshop Schedule

Eleven sessions are scheduled in 2024. COAAA's Medicare for Beginners workshops are designed to offer unbiased information to Medicare beneficiaries.

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Trualta: A No Cost, Online Caregiver Platform

Trualta provides new information and skills needed to manage care for a loved one in the home. Trualta delivers videos, articles, tip-sheets, and more.

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Additional Updates

The **Home Energy Assistance Program** helps income-eligible Ohioans pay their heating bill. Applied directly to the individual's energy bill, the benefit can help manage heating costs.

The **Friendly Caller Program** matches a volunteer with an individual who receives services through COAAA for weekly or biweekly friendly chats.

Nesterly is a homesharing platform that helps housemates connect over common interests and facilitates the ability to exchange a portion of rental payments for help with household chores.

Health in Action is a six week series that guides you through effective health self-management. Topics include healthy eating, physical activity, better breathing, medication management, better communication about your condition, and managing other chronic conditions.

