

CHANGE!

WHO, WHAT, WHEN, WHERE & WHY?



Assisting Elders & Their Families through Life Passages

PURPOSE

The longer people live, the more likely they are to experience major changes in their living situations, families, friends, activities and their health. Through research, we know that these transitions can at times be very difficult and sometimes even life threatening. Even when changes are desired or perceived as positive, they can provoke anxiety and complicate family relationships. This workshop will look at common transitions later in life and suggest strategies to assist elders and their families to minimize disruptions and maintain healthy relationships.

SPEAKER

Paula M. Taliaferro, MGS, LSW has been an educational consultant and has presented over 450 workshops related to aging issues in the past decade. She has worked with the Central Ohio Area Agency on Aging in a variety of capacities for over 20 years and currently holds the position of Aging Program Outreach Specialist.

Training topics she has developed include: Sensitivity to Aging; Communication with Older Adults; Medicare, Medicaid & Related Issues; Caregiving Issues; Caregiving in the Home; and Older Women's Issues. Paula holds a Master's degree in Gerontology from Scripps Gerontology Center at Miami University and a License in Social Work in the State of Ohio.

OBJECTIVES

At the conclusion of this workshop, participants will be able to:

- Describe the process of managing change & apply this to the dynamics of common transitions later in life.
- Identify the challenges in some specific & common transitions: relocation, widowhood, loss of driving, job/daily structure changes, cognitive/health impairments, & death/loss of peers.
- Provide specific & practical strategies either for lessening the impact of the changes or managing their progression, so that the person's quality of life is maintained to the highest degree possible.
- Apply these strategies in both institutional long term care settings & home settings.

HOURS

3.0 Social Work Clock Hours (#RSX059002) 3.0 BENHA (application has been made)
3.0 Counselor Clock Hours (#RCX109207) 3.0 ODODD (application has been made)

The Ohio Board of Nursing accepts events approved for Counselors & Social Workers for Continuing Nurse Education Contact Hours.



Central Ohio Area Agency on Aging

174 East Long Street, Columbus OH 43215

614-645-7250 1-800-589-7277 www.coaaa.org

email: coaaa@coaaa.org

COAAA PROFESSIONAL EDUCATION

FEBRUARY 22, 2012

9:00 A.M. - 12:15 P.M.

REGISTRATION BEGINS AT 8:30 A.M.

FEE \$55.00

The workshop fee includes coffee, tea and handouts. Lunch is not included.

LATE REGISTRATION: \$65.00 (after 2/15/12)

A **REFUND** will be made **ONLY** for cancellations received **5 work days prior to the event**. If less than 5 days, a credit can be issued for use at another program within the next year. If notice of cancellation is not received before the date of the program, no credit can be issued. Any checks returned will be subject to a \$15 bad check fee by the City of Columbus.

PLEASE NOTE

Room temperatures can be difficult to control; dressing in layers adaptable to warm and cool temperatures is recommended. A map and directions are included in this brochure. For events at the COAAA Long Street facility, you **must** pay to park; there is **no free parking** downtown. The COAAA is not responsible for fees or fines. The COAAA does not discriminate on the basis of race, color, sex, religion, sexual orientation, national origin, age or disability. If you need special accommodations due to a disability, please indicate so on the registration form.

DIRECTIONS



★ **COAAA - 174 E. Long Street**

Route I-71 to the Broad Street exit. West on Broad Street to 4th Street. North on 4th Street two blocks. The Central Ohio Area Agency on Aging (COAAA) is at the northeast corner of northbound 4th Street and eastbound Long Street.

Parking is available at a variety of lots within a two-block radius. Cost is between \$3.50 and \$8.00 for the day. Some lots require exact change. (The COAAA parking lot is for staff **only**.) There is **no free parking** in downtown Columbus. *A list of nearby parking locations will be mailed upon receipt of registration.*

In case of inclement weather, please call (614) 645-3885 to see if the workshop has been cancelled or rescheduled. In the event of a cancellation or change of date, you will have the option to attend on the new date or receive a credit to attend another workshop within one year.

REGISTRATION FORM

DEADLINE FEBRUARY 15

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Name: _____ Phone: (____) _____

Agency: _____ Email: _____

Address: _____ Cty/St/Zip: _____

Special accommodations needed due to a disability: _____

Registration Fee: \$55.00 (*lunch is not included*)

Late Registration Fee: \$65.00 (*after 2/15/12*)

Purchase Order Attached: # _____ \$ _____ Federal ID # _____

Make checks payable to **City of Columbus**, & mail with registration form to: COAAA Training & Education
174 East Long St, Columbus OH 43215

If using a purchase order, please attach a copy to the completed registration form. Questions? Call (614) 645-7250 or 1-800-589-7277; fax (614) 645-6146. COAAA will not accept registrations over the phone or fax without a purchase order number.