

**19th Annual Central Ohio Paraprofessional Conference on Aging
Registration Form
(Submit one form per participant)**

Registration deadline: April 22, 2010 Registration fee: \$40.00
Late registration fee: \$50.00 (if received after April 22)

Name: _____ Position: _____

Agency: _____

Address: _____ Phone: _____

_____ City State Zip Fax

Special Accommodations Needed: _____

Meal Choice: (Select one)

- Bruschetta Chicken (tomato thyme cream sauce, mozzarella & focaccia)
- Grilled Swordfish (topped with fresh herb beurre blanc tomato salsa)
- Pasta Primavera

Please choose the workshop (s) you would like to attend in each session in order of preference.
(1=1st choice, 2=2nd choice, etc.) People will be placed in workshops on a first come, first served basis.

Session I	9:00 a.m. - 10:15 a.m.	Session II	10:30 a.m. - 11:45 p.m.
___ Recognizing Elder Abuse, Neglect & Exploitation		___ Depression & The Older Adult	
___ Should I or Shouldn't I?		___ It's Been a Pleasure Sir!	
___ Is Anybody Listening Out There?		___ Forgiveness: A Gift We Give Ourselves	
Session III	12:45 p.m. - 2:00 p.m.	Session IV	2:15 p.m. - 3:30 p.m.
___ Understanding Dementia...		___ Bed Bugs: Know Your Enemy!	
___ Making Sense of Social Security		___ Taking Care of YOU!	
___ Improve Your Eye-Q		___ Staying Vertical! - Falls & Home Safety	

For more information, call (614) 645-7250 or fax (614) 645-3884 or (614) 645-8923.

Make checks payable to Columbus City Treasurer and return with this form to:

Paraprofessional Conference 2010
Central Ohio Area Agency on Aging
174 East Long Street
Columbus, Ohio 43215

Directions to the Crowne Plaza
6500 Doubletree Ave.
Columbus, Ohio 43229-1145

From I-71

- Take the Route 161 Exit (#117).
- Turn west onto Route 161.
- Turn right on Busch Boulevard.
- Go three traffic lights to Kingsmill Parkway and turn right.
- Kingsmill goes directly into the Crowne Plaza parking lot

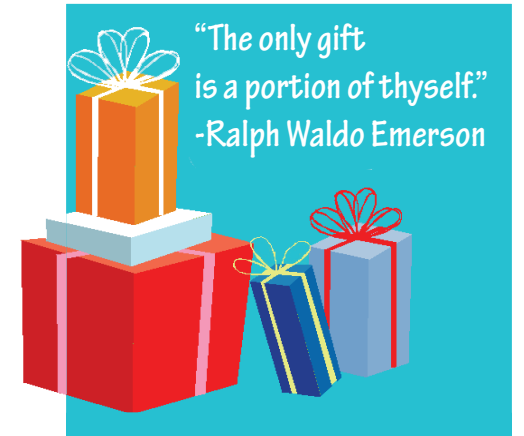
A conference especially designed to meet the needs of paraprofessionals who work with older adults. Targeted groups include homemakers, home health aides, transportation drivers, dispatchers, nutrition site directors, cooks, nurse aides and adult care facility personnel.

Conference Sponsors



19th Annual Central Ohio Paraprofessional Conference on Aging

“The Gift That
Keeps Giving”



April 29, 2010

Crowne Plaza
6500 Doubletree Ave.
Columbus, OH 43229

Schedule of Events

7:15 a.m. - 8:00 a.m.

Registration (Coffee and other beverages and light refreshments available)

8:00 a.m. - 8:55 a.m.

Opening Remarks

Keynote Address presented by:

Tei Street, National Motivational Speaker

9:00 a.m. - 10:15 a.m. Workshop Session I

A. Recognizing Elder Abuse, Neglect & Exploitation

Presenter: Melanie Cooley (FCOA-APS)

Description: This workshop will examine the variety of issues related to elder abuse, neglect and exploitation. This will include discussion of characteristics of the victim, the abuser, as well as circumstances in which abuse occurs. A framework for understanding how Adult Protective Services operates and how it impacts clients will be discussed.

B. Should I or Shouldn't I?: Personal & Professional Boundaries

Presenters: Erika Myers LSW, Jackie Marchan Rish LSW (COAAA)

Description: Many of us have difficulties setting limits. Our inability to establish appropriate boundaries can compromise our physical and mental health as well as our ethics, relationships & job performance. We will explore this topic and discuss strategies to help us handle a variety of situations.

C. Is Anybody Listening Out There? Improving your Communication Techniques

Presenter: Paula Taliaferro MGS, LSW (COAAA Education Consultant)

Description: Sometimes, without realizing it, we do not communicate effectively with others. There are times when they don't fully understand our words or terms. In other situations, they do not completely hear or see us. And still other times, we assume the person understands our message and in fact they have not. This workshop helps participants identify the signs that communication has not been completely successful in a situation. Then it provides hands on and practical techniques for improving communication with

a variety of clients, co-workers and family members on a daily basis.

10:15 a.m. - 10:30 a.m. BREAK

10:30 a.m. - 11:45 a.m. Workshop Session II

A. Depression & The Older Adult

Presenter: Sally Henkalin RN (COAAA Education Consultant)

Description: This session will offer insight into causes, symptoms and treatment of this serious illness, which can lead to other life complications.

B. It's Been a Pleasure Sir! Don't Let Difficult Behaviors Ruin Your Day!

Presenter: Paula Taliaferro MGS, LSW (COAAA Education Consultant)

Description: We all run into people whose behaviors we find difficult or challenging. These behaviors can be especially evident when people are facing illness, grief or significant stress. This workshop will assist participants to identify behaviors in others that they find challenging. It will then point out some common challenging behaviors in those who are ill or grieving. Lastly, it will provide practical tips and techniques to make such interactions more productive and positive and less frustrating for all concerned.

C. Forgiveness: A Gift We Give Ourselves

Presenter: Steve Harsh PhD, M.Div., CCC

Description: This session will focus on what forgiveness is and what it is not, identify steps in the forgiveness process, and to practice forgiveness of self and others. Forgiveness is a choice that brings healing and builds right relationships with self and others, while supporting physical wellness and emotional health.

11:45 a.m. - 12:40 p.m. LUNCH

12:45 p.m. - 2:00 p.m. Workshop Session III

A. Understanding Dementia & Associated Behavioral Challenges

Presenter: Andrea See MSW, (COAAA)

Description: Learn about the different types of dementia including Alzheimer's disease, how dementia is identified and treated and how the disease looks and feels throughout its progressive stages. In addition learn how to identify the triggers that may be causing behavioral challenges and techniques on how to help avoid them. We will discuss the most common behaviors, how to think creatively to minimize challenges and develop strategies to utilize when you find yourself in the middle of a difficult client situation.

B. Making Sense of Social Security

Presenter: John LaMotte MPA (Social Security Administration)

Description: This workshop will provide a broad overview and update on Social Security and Supplemental Security Income programs.

C. Improve Your Eye-Q

Presenter: Sally Henkalin RN (COAAA Education Consultant)

Description: Learn about normal vision changes, age-related eye conditions, treatment choices and ways to maintain the best vision.

2:00 p.m. - 2:15 p.m. BREAK

2:15 p.m. - 3:30 p.m. Workshop Session IV

A. Bed Bugs: Know Your Enemy!

Presenter: Susan C. Jones, PhD (The Ohio State University)

Description: Ohio is seeing an increase in bed bug break outs in a variety of settings. This workshop will highlight information to help those going into the home be "bed bug savvy" to help themselves and others they care for.

B. Taking Care of YOU!

Presenter: Leslie Meyer-Miller CPPC, Certified Wellness Inventory Coach

Description: As healthcare professionals we seem to always be giving to others yet we forget about ourselves. In this workshop participants will begin the journey to understand the importance of what healthy selfishness is and the road map to start this necessary path. Participants will learn about how our bodies are great teachers, to make wise choices, and change is a process!

C. Staying Vertical! - Falls & Home Safety

Presenter: Jane Acri, LSW (COAAA)

Description: Chances are you've had a fall or know someone who has. This session will review the number issue affecting seniors and falls, fall statistics, and what you can do to prevent falls. Moderate exercises are included so wear something comfortable.

This conference does NOT offer continuing education units for nurses or social workers. Full attendance at this workshop provides 6.0 hours for paraprofessionals ONLY!

Important Conference Information

- The registration fee is \$40.00 (includes lunch, materials and attendance). Payment or a purchase order must be received by April 22, 2010 to confirm attendance. No refunds will be given. If you find that you are unable to attend, feel free to send someone in your place.
- All participants will be sent a certificate of completion listing relevant information regarding the workshops they attended. Actual attendance is required and monitored.
- The conference will feature a health and information fair. Information on a variety of topics and organizations will also be available.
- The conference will be limited to the first 200 persons registered. People will be placed in workshops on a first-come, first-served basis.
- The COAAA and FCOA do not discriminate on the basis of race, color, sex, religion, national origin or handicap.
- Please note the need for special accommodations due to disability on the Registration Form.
- Please bring a jacket as room temperature conditions can vary considerably.
- Payment or purchase order must be received by April 22, 2010.