

Helpful Books and Videos for Family Caregivers

General

The Comfort of Home: An Illustrated Step by Step Guide for Caregivers

Maria Meyer and Paula Deer, Caretrust Publications, 1998

Taking Care of Aging Family Members

Wendy Lustbader and Nancy Hooyman, The Free Press, 1994

The Complete Bedside Companion

Rodger McFarlane, Simon and Schuster, 1998

Caregiver's Handbook

Visiting Nurse Association of American, DK Publishing, 1998

Respecting Your Limits When Caring for Parents

Vivian Greenberg, Jossey Bass Publishers, 1998

The Resourceful Caregiver

published by the National Family Caregivers Association, 1996

Forgive Your Parents, Heal Yourself

Barry Grosskopf, The Free Press, 1999

Share the Care: How to Organize a Group to Care for Someone Who is Seriously Ill

Cappy Capossela, Sheila Warnock, 1995

Keeping Them Healthy, Keeping Them Home: How to Care for Your Loved Ones at Home

Ellen Caruso, 1998

Caregiving: Hospice-proven Techniques for Healing Body and Soul

Douglas C. Smith, 1997

I'll Take Care of You: A Practical Guide for Family Caregivers

Joseph Llado, Carole R. Rothman, 1999

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General (cont'd.)

The Complete Idiot's Guide to Caring for Aging Parents

Linda Colvin Rhodes and Linda Rhodes, 2000

The Caregiver Helpbook: Powerful Tools for Caregiving,

Vicki Schmall, Marilyn Cleland, Marilyn Sturdevant, Legacy Health System, 2000

same author, **Home Sweet Home: How to Help Older Adults Live Independently**

Dennis R. LaBuda and Vicki Schmall, 2000

When Aging Parents Can't Live Alone: A Practical Family Guide

Ellen Rubenstein, 2000

The Carebook: A Workbook for Caregiver Peace of Mind

Joyce Beeder, 1993

Counting on Kindness: The Dilemmas of Dependency

Wendy Lustbader 1991

How to Care for Aging Parents

Virginia Morris, 1996

Accessible Home: Easy Ways to Improve Safety, Practicality, & Value of Your Home

Fairview Health Services, Linda Lorentzen, 2003

Accessible Home: Updating Your Home for Changing Physical Needs

Creative Publishing International; Bryan Trandem (editors), 2003

Living with Life-Threatening Illness: A Guide for Patients, Their Families, & Caregivers

Kenneth Doka, 1998

Cargiving: A Step-By-Step Resource for Caring for the Person with Cancer at Home

Author: Peter S. Houts, PhD and Julia A. Bucher, RN, PhD

Helpful Books and Videos for Family Caregivers

Publisher/Date: American Cancer Society 2000

General (cont'd.)

Caring For Those Who Can't

Author: Carol Dettoni Publisher/Date: Victor Books 1993

Because You Care: What To Do When You Don't Know What To Do

Author: Kathryn Kilpatrick and Joanna Chernauskas
Publisher/Date: AA Blueprint Publishings 2004

Planning/Decision-Making

Caregiver Hiring Manual and Toolkit: A Step-By-Step Guide for Selecting Competent, Caring Assistance in the Home, 2004

K S Consulting, Seattle WA, 2000; 1-877-204-0029 www.caregiversmanual.com

A Family Caregivers Guide to Planning and Decision-Making for the Elderly

James A. Wilkinson, 1999

Elder Law Handbook for Caregivers & Seniors: A Legal & Financial Survival Guide for Caregivers & Seniors

Peter J. Strauss, Nancy M Lederman HC, 1996

Elder Care: What to Look For, What to Look Out For!

Thomas M. Cassidy, 1997

The Complete Guide to Eldercare

A.J. Lee and Melanie Callander, 1998

The Complete Eldercare Planner: Where to Start, Which Questions to Ask, & How to Find Help

Joy Loverde, 1997

Nursing Homes: Getting Good Care There

Sarah Greene Burger, 1996

Helpful Books and Videos for Family Caregivers

(consumer Action Manual prepared by The National Citizen's Coalition for Nursing Home Reform)

Planning/Decision-Making (cont'd)

Choices at the End of Life: Finding Out What Your Parents Want Before It's Too Late

Linda Norlander and Kerstin McSteen, 2001

Eldercare 911: The Caregiver's Complete Handbook for Making Decisions

Susan Beerman and Judith Rappaport-Munson, 2002

Hospice Handbook: A Complete Guide, Vol. 1

Larry Beresford, 1993

Ethical Wills: Putting Your Values on Paper

Barry K. Baines; James K. Larson; Norm Goldstein, Ed., 2001

Activities

A Loving Voice II, A Caregivers Book of More Read-Aloud Stories for The Elderly

Carolyn Banks, Janis Rizzo, 1994

Creating Moments of Joy

Jolene Brackey, 2000

Gifts From the Heart: Meditations on Caring for Aging Parents

Bonnie Goldberg, Geo Kendall, 1997

Making the Moments Count: Leisure Activities for Caregiving Relationships

Joanne Adolf Decker, 1997

Keeping Busy: A Handbook of Activities for Persons with Dementia

James R. Dowling and Nancy Mace, 1995

Caring in Remembered Ways: The Fruit of Seeing Deeply

Maggie Steincrohn Davis, Heartsong Books, 1999

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Sunshine on My Face - A Read-Aloud Book for Memory-Challenged Adults

Lydia Burdick, 2004

Coping/Wellness

Daily Comforts for Caregivers

Pat Samples, 1999

Caring For Yourself While Caring for Your Aging Parents: How to Help How to Survive

Claire Berman, Deborah Brody Ed., 2001

Your Best is Good Enough: Aging Parents and Your Emotions

Vivian E. Greenberg, Macmillan, 1990

Hugs for Caregivers

Pauline J. Sheehan, Charlotte Terhune, 1998

Coping With Your Difficult Older Parent: A Guide for Stressed Out Children

Grace Lebow, Barabara Kane, 1998

The Daily Relaxer

Matthew McKay, Patrick Fanning, 1997

Caregiver's Reprieve: A Guide to Emotional Survival When You're Caring for Someone You Love

Avrene L. Brandt, 1997

Caring for Yourself While Caring for Others

Lawrence Brammer PhD, 1999

The Caregiver Survival Series:

Positive Caregiver Attitudes

Preventing Caregiver Burnout

Creative Caregiving

Coping with Caregiver Worries

James R. Sherman, 1994 (available through Pathway Books 1 - 763-553-9783)

Helpful Books and Videos for Family Caregivers

The Courage to Laugh: Humor, Hope and Healing in the Face of Death and Dying
Allan Klein, 1998

Coping/Wellness (cont'd)

God Knows Caregiving Can Pull You Apart: 12 Ways to Keep It All Together
Gretchen Thompson, 2002

A Guided Journal for Caregivers
Maria Karpinski, RN, 2004

Spirituality

Caregiving: The Spiritual Journey of Love, Loss, and Renewal
Beth Witrogen McLeod, 2000

Death and Dying/Grief

Nobody's Child Anymore: Grieving, Caring and Comforting When Parents Die
Barbara Bartocci, 2000

Final Gifts: Understanding the Special Awareness Needs & Communications of the Dying
Maggie Callanan and Patricia Kelley, 1997

Dying Well: Peace and Possibilities at the End of Life
Ira Byock, 1998

Living When a Loved One Has Died
Earl A. Grollman, 1997

When Men Grieve: Why Men Grieve Differently & How You Can Help
Elizabeth Levang, 1998

Mental Health

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What To Do When Someone You Love is Depressed: A Practical, Compassionate, and Helpful Guide for Caregivers

Mitch Golant, Susan Golant, 1998

Children - Educational

Through Tara's Eyes: Helping Children Cope with Alzheimer's Disease

Kathy Baumann, Erin Conners, 1995 (available through American Health Assistance Foundation, Rockville MD 1-800-437-AHAF)

When Meme Came to Live at My House

Mary Janine Langdon, 1997

When Children Grieve: For Adults to Help Children Deal with Death, Divorce, Pet Loss, Moving & Other Losses

John W. James and Russell Friedman, 2002

Dementia/Alzheimer's Disease

The Complete Guide to Alzheimer's Proofing Your Home

Mark Warner, Purdue University Press, 2000

Failure-Free Activities for The Alzheimer's Patient: A Guidebook for Caregivers

Carmel Sheridan, 1995

The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer's, Related Dementing Illnesses and Memory Loss in Later Life

Nancy L. Mace and Peter V. Rabins, 2001

Alzheimer's Finding the Words: A Communication Guide For Those Who Care

Hariet Hodgson, 1995

The Alzheimer's Sourcebook for Caregivers: A Practical Guide for Getting Through the Day

Frena Gray Davidson, 1999

Understanding Difficult Behaviors: Some Practical Suggestions for Coping with Alzheimer's

Helpful Books and Videos for Family Caregivers

Disease and Related Illnesses

Anne Robinson, Beth Spencer, Laurie White, 1991
(available through Geriatric Resources Inc. 1-800-359-0390 Toll-free)

Dancing on Quicksand: A Gift of Friendship in the Age of Alzheimer's
Marilyn Mitchell, 2002

Dementia/Alzheimer's Disease (cont'd.)

Love is Ageless - Stories About Alzheimer's Disease
Jessica Bryan, 2003

Moving a Relative with Memory Loss
Laurie Shite and Beth Spencer, 2000

What If It Is Not Alzheimer's? A Caregiver's Guide to Dementia
Lisa Radin and Gary Radin, 2003

What You Need to Know About Alzheimer's
John Medina, 1999

There's Still a Person in There: The Complete Guide to Treating and Coping with Alzheimer's, Michael Castleman, Dolores Gallagher-Thompson, Ph.D., and Matthew Naythons M.D., 1999.

Parkinson's Disease

Saving Milly: Love, Politics and Parkinson's Disease
Morton Kondracke, 2001

Parkinson's Disease: A Complete Guide for Patients & Families
William J. Weiner; Anthony E. Lang; Lisa M. Shulman; 2001

Living Well with Parkinson's
Glenna Atwood; Robert G. Feldman; Lila Green Hunnewell; Roxanne Saucier Moore, 2005

Stroke

Helpful Books and Videos for Family Caregivers

The Invaluable Guide to Life After Stroke: An Owner's Manual

Arthur Josephs, Stewart Mann, 1994

Living With Stroke: A Guide For Families - Help and Hope for All Those Troubled by Stroke

Richard Senelick, Peter Rossi, Karla Dougherty, 1999

Stroke (Cont'd)

When Someone You Love has a Stroke: What You Must Know, What You Can Do, What You Should Expect

Marilyn Larkin, 1995

What You Need to Know About Caring for Someone After A Stroke

Robert Buckman, 2000

The Stroke Recovery Book: A Guide for Patients and Families

Kip Burkman, 1999

The Family Guide to Surviving Stroke and Communication Disorders

Dennis Tanner, 1998

Videos

The Homecare Companion Series

Communication Series includes:

How to Communicate Effectively with Someone Who Has Hearing Loss

How to Communicate With Someone Who Has Aphasia

How to Communicate Effectively with Someone Who Has Alzheimer's Disease

Caregiving Series includes:

How to Care for Someone on Bedrest

How to Help Someone Who Uses A Wheelchair Without Hurting Yourself

Creating Healthy Home Care Conditions: Infection Control

How to Manage Medications

Fall Prevention

Fire Safety

Helpful Books and Videos for Family Caregivers

Both series are available through www.homecarecompanion.com or call 1-888-846-7008.

The Educated Caregiver includes:

Coping Skills

Hands-On Skills

Essential Knowledge

Videos

The Family Guide to Long-term Care includes:

Getting Started

Making the Right Choice

Staying Involved

Both sets are available through www.lifeviewresources.com or call 1-800-395-5433.

Video Respite

A series of 13 tapes that engage memory-impaired persons in meaningful activities and allow the caregiver to take a break (*Available through Innovative Caregiving Resources at www.videorespite.com or call 1-800-249-5600*)

Show Them That We Care

A video and handbook that provide insight and suggestions for caregivers visiting someone in a nursing home (*Available through www.carevideo.com or call 614-853-0884*)

Helpful Books and Videos for Family Caregivers

Spanish Language Caregiver Resource Library

Dementia/Alzheimer's Disease

Consejos para Cuidadores de enfermos

(Quick Tips for Caregivers)

***Book available through www.homecarecompanion.com or call 1-888-846-7008**

Videos

El Cuidado Personal

(Personal Care)

Como atender a quien guarda reposo en cama

(How to Care for Someone on Bedrest)

Como ayudar a una personal en silla de ruedas sin lastimarse a si mismo

(How to Help Someone Who Uses a Wheelchair)

Como Administrar Los Medicamentos

(How to Manage Medications)

La Prevencion de Incendios

(Fire Safety)

Evitar Caidas

(Fall Prevention)

Como comunicarse con alguien que padece de Alzheimer

(How To Communicate With Someone Who Suffers From Alzheimer's)

Estableciendo condiciones saludables en el hogar Lucha contra la Infeccion

(Establishing Healthy Conditions in the Home to Fight Against Infection)

***All videos available through www.homecarecompanion.com or call 1-888-846-7008**



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