Central Ohio Area Agency on Aging

TRANSITION & MOVING GUIDE

Counties Served
- Delaware
- Fairfield
- Fayette
- Franklin
- Licking
- Madison
- Pickaway
- Union

614-645-7250
800-589-7277
www.coaaa.org

Your Aging and Disability Resource Network

Updated May 2020
This information is provided by the:
The National Family Caregiver Support Program.

This is a nationally funded program operated in Central Ohio by the Central Ohio Area Agency on Aging (COAAA). It offers caregiver workshops and funds services designed to assist caregivers on a short term basis. The services include: information and assistance, counseling, respite, and other supplemental services.

Request a copy or download our other guides from our website www.coaaa.org under the RESOURCE Tab:

- Central Ohio Older Adults Resource Guide
- The Caregiver Toolbox
- Books, Videos and Websites for Caregivers
- Central Ohio Senior Housing & Home Repair Guide
- Central Ohio Long Term Care & Hospice Guide
- Central Ohio Private Homecare Guide
- Central Ohio Utility Guide
- Central Ohio Prescription Guide
- Central Ohio Transportation Guide
- Central Ohio Support Group Guide
- Central Ohio Respite Guide
- Central Ohio Moving and Transitions Guide
- Central Ohio HIRING In Home Care Guide(NEW)
- Central Ohio Kinship Care Guide(NEW)

The COAAA also provides monthly Caregiver Support Groups & Information Sessions. For more information call 800-589-7277 or visit www.coaaa.org.

Or in your county, call one of these agencies:

- Delaware-SourcePoint 740-363-6677
- Fairfield-Meals on Wheels of Fairfield County 740-681-5050
- Fayette-Community Action Commission of Fayette Co. 740-335-7282
- Franklin-Franklin Co. Office on Aging 614-525-6200
- Licking-Licking Co. Aging Program 740-345-0821 or 1-800-452-0097
- Madison-Madison Co. Senior Center 740-852-3001
- Pickaway-Pickaway County Senior Center 740-474-8831
- Union-Union County Senior Services 937-644-1010

Updated May 2020
# Transition and Moving Guide

This Guide provides information about the individuals, companies & organizations that provide transition or moving services in the following 8 Central Ohio counties: Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway and Union.

## Table of Contents

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aging Life Care Professionals</td>
<td>2</td>
</tr>
<tr>
<td>Private Patient Advocate</td>
<td>3</td>
</tr>
<tr>
<td>Seniors Real Estate Specialists</td>
<td>3</td>
</tr>
<tr>
<td>Senior Move Managers</td>
<td>4</td>
</tr>
<tr>
<td>Nesterly-Central Ohio</td>
<td>4</td>
</tr>
<tr>
<td>Assistance in Seeking Long Term Care Options</td>
<td>5</td>
</tr>
<tr>
<td>Professional Organizers &amp; Productivity Consultants</td>
<td>6</td>
</tr>
<tr>
<td>Estate Sale and Auction Companies</td>
<td>8</td>
</tr>
</tbody>
</table>

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AGING LIFE CARE PROFESSIONALS

- An Aging Life Care Professional, also known as a Private Geriatric Care Manager, is a health and human services specialist who acts as a guide and advocate for families who are caring for older relatives or disabled adults. The Aging Life Care Professional is educated and experienced in any of several fields including, but not limited to nursing, gerontology, social work, or psychology. He/she is able to address a broad range of issues related to the well-being of their client. They often have knowledge about the costs, quality, and availability of resources in their communities.
- They generally charge an hourly fee and are insured. Their national association’s website is www.aginglifecare.org.

Melanie S. Hankinson, LPTA, CSA  
*IKOR of NW Columbus*  
614-956-1231  
melanie.hankinson@ikorglobal.com  
www.ikorglobal.com/nw-columbus

Shanna Huber, RN, BSN, MSN/Ed, CCM  
*Ripple Life Care Planning*  
614-408-9928  
shuber@ripplelifecareplanning.com  
www.ripplelifecareplanning.com

Jeanna McElroy, BA, CMC  
*Senior Support Services, LLC*  
614-887-7750  
Jeanna@seniorsupportservicesohio.com  
www.seniorsupportservicesohio.com

Gayle S. Rosen, MBA  
*Age Well Options*  
614-266-7211  
gayle@agewelloptions.com

Colleen Wallace, BA, BS, OT  
*ElderLife Solutions, Ltd.*  
614-476-2289  
info@elderlifesolutions.com  
www.elderlifesolutions.com
PRIVATE PATIENT ADVOCATE

• Annette Ticoras, MD, provides private patient advocacy services to Central Ohio seniors and their families. As a physician, she helps families in the healthcare system who are overwhelmed, confused, and uncertain of the next steps. She provides clients and their families with much needed medical interpretation, direction, and support. She can translate the medical jargon often thrown at seniors and their families and help them process large volumes of health information in a short period of time. Guided Patient Solutions’ (GPS) services include such things as accompaniment to routine medical care appointments, surgery, ER visits, and hospitalizations. Contact 614-981-5951 or learn more at www.GPScolumbus.com.

SENIOR REAL ESTATE SPECIALISTS

• Real Estate Agents can pursue a special designation/specialty as Senior Real Estate Agent. The SRES designated agent takes special courses designed to build skills and resources needed for specialization in the 50+ real estate market. The SRES designation program provides ongoing professional training and development as well.

• To locate a SRES designated Real Estate agent, goto www.seniorsrealestate.com
SENIOR MOVE MANAGERS

- Senior Move Management is the profession that assists older adults and their families with the emotional and physical aspects of relocation and/or "aging in place." Although specific services vary, most Senior Move Managers® can help with some or all of the following:
  - Developing an overall move or "age in place" plan
  - Organizing, sorting and downsizing
  - Customized floor plans
  - Arranging for the profitable disposal of unwanted items through auction, estate sale, buy-out, consignment, donation, or a combination of the above
  - Interviewing, scheduling and overseeing movers
  - Unpacking and setting up the new home
- They generally charge an hourly fee and are insured. Their national association’s website is www.nasmm.org.

Laura Schulman  
_A Moving Experience_  
847-420-8687  
[www.amovingexperiencecolumbus.com](http://www.amovingexperiencecolumbus.com)

Rebecca Minkin  
_Away It Goes_  
614-406-0404  
[becky@awayitgoes.com](mailto:becky@awayitgoes.com)

Matt & Karen Spiller  
_Smooth Transitions of Central Ohio_  
614-570-2964  
[www.movingforseniorsCOH.com](http://www.movingforseniorsCOH.com)

Downsize With A Heart  
_Furniture Bank of Central Ohio_  
John Vidosh and Steve Votaw  
614-545-3844  
[www.downsizewithaheart.org](http://www.downsizewithaheart.org)

Nesterly Central Ohio

- New in 2019—this program is housed at the Central Ohio Area Agency on Aging and is a collaboration with Age Friendly Columbus.
- Nesterly is an online platform which matches hosts (homeowners who have a room to rent) and guests for a homesharing arrangement of at least 1 month or longer.
- Nesterly offers a platform which background checks both parties, helps to negotiate a lease, and arranges for automated payments.
- Allows both parties to customize what an ideal homeshare arrangement looks like for each person and allows for a task exchange for a simple reduction in rent.
- Call 614-645-3646 or go online at [www.nesterly.io](http://www.nesterly.io).
ASSISTANCE/ADVISORS FOR THOSE SEEKING LONG TERM CARE PLACEMENT

A group of companies and advisors who assist families in locating options when a person is seeking long term care placement. These services are generally at no cost to an individual or a family since the facilities pay the advisors a fee for successful placement. These advisors will locate options for individuals, accompany people on a visit, assist to negotiate placement and often assist with the actual move. They generally assist individuals who will be paying privately for assisted living, intermediate or skilled nursing home placement.

A Place for Mom-Central Ohio
855-766-2435
www.aplaceformom.com

Assisted Living Locators
614-347-6140
www.assistedlivinglocators.com

Care Patrol
866-560-5656
www.carepatrol.com

Oasis Senior Advisors
614-389-9113
www.oasissenoradvisors.com

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855-766-2435
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www.carepatrol.com

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614-389-9113
www.oasissenoradvisors.com
PROFESSIONAL ORGANIZERS AND PRODUCTIVITY CONSULTANTS

- People who work in this field are very diverse: however, they generally charge an hourly fee and are insured. The national association’s website is www.napo.net, and the state association is www.napo-ohio.com. If there is a CPO beside the organizer’s name, it means they have undergone a certification process with this organization.

- There is another organization that specializes in more serious types of organizing challenges. It is called Institute for Challenging Disorganization (ICD). Its website is www.challengingorganization.org. The website has very helpful information to assist those struggling with organizing their spaces. One of the organizers listed on p. 7, Karen Kruzan of K2 Organizing is certified by this organization.

- Among the types of activities that a professional organizer can do for someone is:
  - **Hands-on organizing**—one organizer or an entire organizing team can come to a home (or office) to organize the space and then advise a person on the best organizing tools and tactics for their specific challenges. They can also help people make decisions about what to keep, how to handle donations, recycling, and trash removal. The time investment can be anywhere from a few hours to many weeks, depending on the size of the space, the amount of clutter, and the person’s ability to make decisions.
  - **Home maintenance**—organizers can help create better organizing systems for relatively organized homes. Home maintenance could include an annual clean-out of the kitchen pantry or help with redesigning the home’s garage and storage areas. Organizers can communicate a person’s needs with the rest of the household to streamline communication and reduce friction.
  - **Moving, relocating, and downsizing**—some professional organizers specialize in moves and relocations. They’ll help to manage everything from interviewing moving companies to packing, unpacking and organizing all of the household belongings.
PROFESSIONAL ORGANIZERS AND PRODUCTIVITY CONSULTANTS

Accent on Organizing, Cathy Van Volkenburg, CPO
614-309-6170
www.accentonorganizing.com

Major Organizers
Melanie Woods
740-917-9105
www.majororganizers.com/columbus

Birdie Brennan Custom Closets & Organizing
Birdie Brennan, CPO
614-297-1550
www.getoranizedcolumbus.com

Nestrs, LLC
Sarah Karakaian
917-284-8491
www.nestrs.com

Bridge the Gap Professional Organizers
Bridget Tynik
614-943-2002
Bridgetthegapprofessionalorganizers@gmail.com

Organize Me for Good
Christy Talese, CPO
330-384-8491
www.organizemeforgood.com

Can Do! Organizing and more
Beth Johnson/Cora Marks
614-596-4747
www.candoorganizingandmore.com

Out of the Closet
Catherine Du Puy
614-325-0929
Outofthecloset829@gmail.com

The Disarray Doctor
Michele Schwartzwalder
614-893-5253
Thedisarraydoctor@gmail.com

Organized by L
Ellen Limes, CPO
614-499-2443
www.organizedbyL.com

Dovetail Organizing, LLC
Beth Mackley
614-342-0213
www.dovetailorganizing.com

Simply Organized by Cindy
Cindy Doyle
614-218-6764
cdoyl84@gmail.com

Find Your Tidy
Stephanie Linn
614-706-6509
www.findyourtidy.com

Student Organizing Online
Karen Tennant
614-579-3457
www.studentorganizingonline.com

K^2 Organizing
Karen Kruzan CPO-CD, LISW-S
(ICD Certified)
614-795-0626
www.k2organizing.com

Time 4 Organizing LLC
Lorena Cela
614-450-2424
www.time4organizing.com

KG Organizing Your Life
Kimberly Graves
614-599-0920
www.korganizingyourlife.com

Transformare Organizing Services
Julie Otto-Riber CPO
614-329-5908
www.transformareorganizing.com
ESTATE SALE & AUCTION COMPANIES

- These are companies that will sell items from the home. Some companies will price and auction individual items; and some companies will arrange an estate sale at the home. Some companies specialize in particular items or geographic areas.

- Most companies will charge a set percentage (ex: 20%-40%) for each sale. The percentage does vary by location, and the type of items being sold. Common tasks of a company are:
  - Sift through all the items in the home, including closets, garages, attic, and cabinets to ensure all salable items are accounted for.
  - Organize and stage each item and piece of furniture in the home in order to make them more desirable.
  - Research and price each item at the highest value possible.
  - Photograph and market the sale online.
  - Staff the sale with individuals on the days of the sale.

Appletree Auction House
740-344-4282
www.appletreeauction.com

Central Ohio Estate and Tag Sales, LLC 614-361-0664
www.centralohioestateandtagsales.com

BEES Estate Sales
740-272-0244
beesestatesales@gmail.com

Caring Transitions of Cambridge
740-489-6111
www.caringtransitions.com

Columbus Online Auctions
614-868-3626
www.columbusonlineauctions.com

Everything But the House
888-862-8750
www.ebth.com

Garth's Auctions-Midwest
740-362-4771
www.garths.com

Innovative Revenue Solutions 614-877-7320
www.irsauctioneer.com

Spiffy Auctions, LLC
614-314-0298
www.spiffyauctions.com
The Central Ohio Aging and Disability Resource Network (ADRN) is a collaborative effort of the Central Ohio Area Agency on Aging and community partners, designed to streamline access to long-term services and supports that promote community living, personal choice and independence for older adults and all persons with disabilities regardless of age. Central Ohio Community Partners Include:

**CareStar Case Management Agency**
2760 Airport Drive, #130, Columbus, OH 43219, 614-751-7777, www.carestar.com

**Centers for Independent Living**
- **MOBILE: Center for Independent Living** (Mid Ohio)
  690 High Street, Columbus, OH 43206
- **SOCIL (Southeastern Ohio Center for Independent Living)**
  Fairfield County Office, 418 South Broad Street, Lancaster, OH 43130
  740-689-1494
  Hocking County Office, 1369 East Front Street Logan, OH 43138
  740-380-1475, www.socil.org
- **CDE — Center for Disability Empowerment**
  510 E. North Broadway, Columbus, OH 43214,
  614-575-8055 www.disabilityempowerment.net

**Senior Service Providers**
- **SourcePoint**, 800 Cheshire Dr., Delaware, OH 43015,
  740-363-6677, www.mysourcepoint.org
- **Meals on Wheels of Fairfield County**, 1515 Cedar Hill Rd., Lancaster, OH 43130,
  740-681-5050, www.mowfc.org
- **Fayette County Commission on Aging**, 1179 S. Elm St., Washington CH, OH 43160, 740-335-2159, www.fayettecoa.com
- **Franklin County Office on Aging**, 280 E. Broad St., 3rd Floor, Columbus, OH 43215,
  614-525-6200, www.officeonaging.org
- **Licking County Aging Program**, 1058 E. Main St., Newark, OH 43055,
- **Madison County Senior Center**, 280 W. High St., London, OH 43140,
  740-852-3001, www.mcsenior.org
- **Pickaway County Senior Center**, 2105 Chickasaw Dr., Circleville, OH 43113,
  740-474-8831, www.pickawayseniors.org
- **Union County Senior Services**, 940 London Ave, Marysville, OH 43040,
  937-644-1010, www.co.union.oh.us
Navigating the Medicare system can be difficult.

Our experts at the Central Ohio Area Agency on Aging are ready to answer your Medicare questions!

Call us today to receive free unbiased information to help you make informed decisions.

We do not represent or sell insurance products.

Funded in part by:

Your Aging and Disability Resource Network

800-589-7277   www.coaaa.org