

Central Ohio Area Agency on Aging RESPITE GUIDE



Counties Served

Delaware
Fairfield
Fayette
Franklin
Licking
Madison
Pickaway
Union



614-645-7250

800-589-7277

www.coaaa.org



**Your Aging and
Disability Resource Network**

Updated March 2020

**This information is provided by the:
The National Family Caregiver Support Program.**



This is a nationally funded program operated in Central Ohio by the Central Ohio Area Agency on Aging (COAAA). It offers caregiver workshops and funds services designed to assist caregivers on a short term basis. The services include: information and assistance, counseling, respite, and other supplemental services.

Request a copy or download our other guides:

- Central Ohio Older Adults Resource Guide
- The Caregiver Toolbox
- Central Ohio Independent Senior Housing and Home Repair Guide
- Central Ohio Long Term Care and Hospice Guide
- Central Ohio Private Homecare Guide
- Central Ohio Utility Guide
- Central Ohio Transportation Guide
- Central Ohio Support Group Guide
- Central Ohio Prescription Guide
- Central Ohio Moving and Transitions Guide
- Books, Videos, and Websites for Family Caregivers

The COAAA also provides monthly Caregiver Support Groups and Information Sessions. For more information, call 1-800-589-7277 or visit www.coaaa.org.

Or in your county, call one of these agencies:

- **Delaware** – SourcePoint 740-363-6677
- **Fairfield** – Meals on Wheels of Fairfield County 740-681-5050
- **Fayette** – Community Action Commission of Fayette County 740-335-7282
- **Franklin** – Franklin County Office on Aging 614-525-6200
- **Licking** – Licking County Aging Program 740-345-0821/800-452-0097
- **Madison** – Madison County Senior Center 740-852-3001
- **Pickaway** – Pickaway County Senior Center 740-474-8831
- **Union** – Union County Senior Services 937-644-1010

Central Ohio Respite Guide

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1. What is Respite?

Planned or emergency care that provides temporary relief to caregivers who are caring for a child or adult of any age requiring daily assistance. This guide will focus on the caregivers of adults who need ongoing assistance due to a physical, mental or cognitive disorder.

Examples of Respite:

In the Home

- Ask a friend or neighbor for a break or recruit a college student
- Hire a certified care provider
- Swap time with a friend that has a similar need

Out of the Home

- Recreational and Social Programs
- Day camps/weekend camps
- Community respite events
- Adult Day Health Centers/Programs
- Short-term respite in a facility

2. Why Respite?

Research shows that using respite makes you a better caregiver by helping to maintain mental stability and physical well-being.

Respite also benefits the whole family:

- **Relaxation.** Respite gives families peace of mind, helps them relax, and renews their humor and their energy.
- **Enjoyment.** Respite allows families to enjoy favorite or new activities.
- **Stability.** Respite improves the family's ability to cope with daily responsibilities and find strength during crisis.
- **Preservation.** Respite helps strengthen the family unit and lessens the pressures that might lead to institutionalization, divorce, neglect and child abuse.
- **Involvement.** Respite allows families to become involved in community activities and to feel less isolated.
- **Time Off.** Respite allows families to take that needed vacation, spend time together and time alone.
- **Enrichment.** Respite makes it possible for family members to create individual identities and enrich their own growth and development.

3. Do You Need Respite?

- Do you find yourself trying to do it all and be responsible for all aspects of caregiving?
- Are you spending less time with your family and friends because of the constant care you are providing for someone?
- Do you feel as though you could provide better care if only you could take a break for a while?
- Do you frequently experience upsetting emotions such as anxiety, depression, anger, guilt or loneliness?

Free, Professional Consultation is Available to Help:

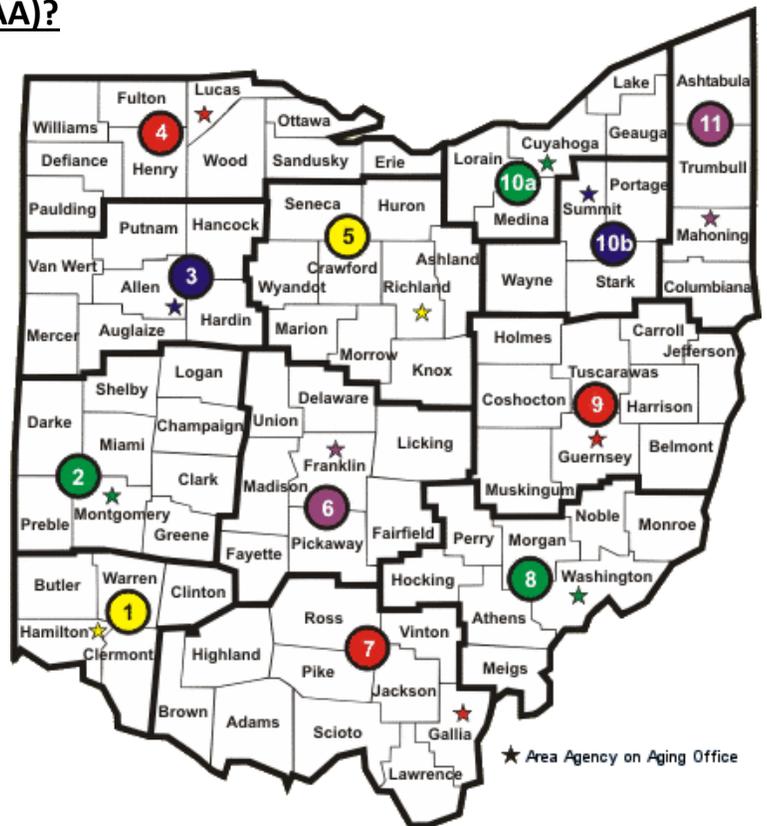
- Determine which services are needed
- Determine what payment options are available to you
- Locate service providers
- Evaluate various respite options

How to Find What Assistance is Available?

- **Eldercare Locator**– 800-766-1116 (www.eldercare.acl.gov) Free information on services anywhere in the United States.
- **Free Long Term Care Assessment**– 800-589-7277 (www.coaaa.org) **Free in home consultation** to help families make long term care choices.
- Some counties in Ohio have **local tax-funded services** for older adults. They may also be served by a local county agency which administers these funds and programs.
- Many counties and local communities have **Senior & Disabled Citizen Service Handbooks**, which list a wide variety of services.

What Are Area Agencies on Aging (AAA)?

- Established by the Federal Government in the Older Americans Act of 1965. Every part of the US and our territories are served by an AAA (over 670)
- Most states have multi-county regions served by an AAA. **Ohio has 12 regions which are pictured to the right (called Planning & Service Areas—PSA for short).** To see a more detailed map of the regions in Ohio, go to www.ohioaging.org



• **Area Agencies on Aging: What Do We Do?**

- **Fund** Community Based Services (under Title 3 of the Older Americans Act)
- **Provide Information, Assistance & Education** to older adults, adults with disabilities and their families on a variety of issues like long term care services, housing & health and wellness
- **Advocate** on behalf of older adults, adults with disabilities and their families
- **In Ohio, Administer** the programs designed to allow those over 60 who are eligible for Medicaid and otherwise would be living in a nursing facility to receive care in the community. Also may provide services to those under 60 with disabilities who qualify for these programs. For more information on these programs see page 6

4. If A Person Has Memory Impairment

Contact the Alzheimer's Association of Central Ohio for a list of programs/resources www.alz.org/centralohio. Counties the Association serves include: Delaware, Fairfield, Fayette, Franklin, Hocking, Licking, Madison, Marion, Morrow, Perry, Pickaway, Pike, Ross and Union. Some free programs that may be helpful include:

24/7 Helpline 800-272-3900

Helpline specialists provide 24/7 caller assistance regarding questions about Alzheimer's disease and related dementia education, resources, and community support services for all interested including caregivers, those with memory loss, healthcare professionals, and the general public.

Educational Resources

Free educational programs for family caregivers, professionals and the community.

Medic Alert/Safe Return

A nationwide 24 hour toll-free line and personal identification products which enable police and private citizens to return lost individuals to their home.

Care Consultation

Care Consultants are available to help assist caregivers and families with planning and problem solving and to help navigate through the difficult decisions and uncertainties at every stage of the disease. An interdisciplinary clinical assessment team is also available for home visits in Franklin County serving caregivers (age 60+) offering home safety evaluations, proactive care planning, and support services.

Young Onset and Early Stage Programs

Support groups, educational and social engagement programs for individuals living with early stage Alzheimer's disease or related dementias and their care partners.

Support Groups

Groups for caregivers, care receivers, family and friends that meet regularly in community settings. These groups provide participants with an opportunity to discuss challenges, share helpful tips and receive guidance and support from peers.

Consider Attending a Support Group (many of them have respite available)

- Support groups are a place for people to give and receive both emotional and practical support as well as to exchange information. Some groups are face to face, but there are also a growing number of online options.
- People with long term health conditions, as well as their friends and families find support groups to be a valuable resource — a place where people can share medical information, get confirmation that their feelings are "normal," educate others, or just let off steam.
- Support groups are made up of people with common interests and experiences. People who have been through, or are going through, a similar circumstance can do more than sympathize with you — they can relate to what you are going through and keep you from feeling like you are alone.
- A complete listing of **Central Ohio Caregiver Support Groups** can be found at www.coaaa.org under "Resources".

5. Payment Sources for Respite Services

Advice: Explore all the options before paying privately. However, there are many people who will not be able to access another payment source and will have to pay out of pocket for all or at least part of any respite services.

Private Pay

- Self-Pay

Third-Party (Government Funded)

- Medicare (www.medicare.gov)
- Medicaid (www.medicaid.ohio.gov)
See Medicaid Waiver programs below.
- Older American's Act Services
(www.aging.ohio.gov)
- Veteran's Administration (www.va.gov)
- Social Services Block Grant Programs-Title XX
(www.odjfs.gov)

Third-Party (Private)

- Private Health Insurance
- Medigap or Medicare Supplemental Insurance
- Long-Term Care Insurance
- Managed Care Organizations
- CHAMPUS (for retired military personnel)
- Workers' Compensation

Medicaid Waiver Programs

- The Medicaid waivers are programs that fund services to help individuals live at home instead of in a care facility on Medicaid.
- Services covered can include medical and nursing care as well as personal care, homemaker, adult day services, meals, emergency response systems, medical supplies and transportation. Caregivers can receive respite as part of the service package.
- Ohio offers many different types of Medicaid waiver programs. Here is a short summary of them: for more information go to www.medicaid.ohio.gov and to apply go to www.benefits.ohio.gov.
 - **PASSPORT**—for anyone age 60 and over and living in the community
 - **Ohio Assisted Living Waiver**--for anyone age 21 and over and living in a participating assisted living facility
 - **Ohio Home Care Waiver**—for anyone under the age of 60 and living in the community
 - **Specialized Recovery Services Program**—for anyone with a serious and persistent mental illness and some chronic physical illnesses
 - **Waivers in the Developmental Disabilities System**—for anyone with a developmental disability diagnosis and living in the community. These have waiting lists. Go to www.dodd.ohio.gov for more information
 - **Home Choice**—provides assistance with moving into the community from an institutional long term care setting
 - **My Care Ohio**—Certain counties in Central Ohio are part of an effort to coordinate Medicare and Medicaid benefits for those who have coverage under both of these programs (includes Delaware, Franklin, Madison, Pickaway and Union Counties). This effort began in 2014 and is referred to as **MyCare Ohio**. In Central Ohio, the managed care organizations are: **Aetna Better Health of Ohio and Molina Healthcare of Ohio Inc.**

Local County Aging Services Tax Levies.

In Ohio, many counties fund aging services through local property or sales tax levies. These counties often have a variety of home based services available on a sliding fee scale. In Central Ohio this includes the following: Delaware, Fairfield, Franklin, Licking, Madison, Pickaway, and Union Counties. Fayette County is the only county in Central Ohio without an Aging Services Tax Levy. For information on all Ohio aging services tax levies go to: www.aging.ohio.gov. Contact Information for Central Ohio Aging Tax Levy Services

- **Delaware County**–SourcePoint, www.mysourcepoint.org, 740-363-6677
- **Fairfield County**–Meals on Wheels of Fairfield Co., www.mowfc.org, 740-681-5050
- **Franklin County**–Franklin County Office on Aging, www.officeonaging.org, 614-525-6200
- **Licking County**–Licking County Aging Program, www.lcap.org, 740-345-0821
- **Madison County**–Madison County Senior Center, www.mcsenior.org, 740-852-3001
- **Pickaway County**–Pickaway County Senior Center, www.pickawayseniors.org, 740-474-8831
- **Union County**–Union County Senior Services, www.co.union.oh.us, 937-644-1010



6. Respite for Caregivers through the Veterans System

The Dept. of Veterans Affairs (VA) provides a wide range of benefits to eligible veterans and their families including respite. The website www.va.gov provides many documents and information regarding the benefits as well as many printable documents. See also www.vetsfirst.org and www.veteransaid.org

You may be eligible for VA benefits if you are a:

- Veteran of any branch of the US Armed Services or a Veteran's dependent
- Surviving spouse, child or parent of a deceased Veteran
- Uniformed service member
- Present or former reservist or National Guard member

Health & Long-Term Care Services for Veterans in Central Ohio

The VA does **not** coordinate services with any other payer such as Private Insurance, Medicare, Medicaid or Workers Compensation, but a veteran can be receiving these benefits and still be eligible for health care in a veterans' hospital or clinic. In Central Ohio, there are 2 large VA Medical Centers (both have smaller clinics associated with them):

- The Chalmers P. Wylie VA Ambulatory Care Center
420 N. James Rd, Columbus, OH 43219
614-257-5200 or 888-615-9448
- Chillicothe VA Medical Center
17273 State Route 104, Chillicothe, OH 45601
740-773-1141 or 800-358-8262



Geriatrics and Extended Care at The Chalmers P. Wylie VA Ambulatory Care Center 614-257-5200 / 888-615-9448

Services can include:

- Home Based Primary Care Program (HBPC)
- Palliative Care Clinic
- Community Hospice Care
- Community Nursing Home Care
- Adult Day Health Care (ADHC)
- Homemaker/Home Health Aid Program (H/HHA)
- The Care Coordination/Home Tele-Health Program (CCHT)
- The Spinal Cord Injury and Disorders Clinic (SCI&D)
- Geriatric Evaluation Clinic
- Community Health Nurse
- Respite Care

VA Caregiver Support Program

- Information available nationally at 855-260-3274 or at www.caregiver.va.gov

County Veterans Service Centers

- Assistance varies: however, some caregivers of veterans can qualify for respite services through the Service Center.
- Contact the County Veteran's Service Commission in your county of residence which are listed below.

Delaware County

Wolf Bldg.
149 N. Sandusky Street
Delaware, OH 43025
740-833-2010

Fairfield County

3044 Columbus-Lancaster Rd.
Lancaster, OH 43130
740-652-7920

Fayette County

133 S. Main Street, Suite 404
Washington CH, OH 43160
740-335-1610

Franklin County

280 E. Broad St.
Columbus, Ohio 43215-2787
614-525-2500

Licking County

935 Buckeye Avenue
Newark, OH 43055
740-670-5430

Madison County

1 North Main St.
London, OH 43140
740-852-0676

Pickaway County

141 West Main Street
Circleville, OH 43113
740-474-3650

Union County

835 East Fifth St., Suite B
Marysville, OH 43040
937-642-7956 or
800-686-2308



7. In-Home Based Respite Services

- These services can be provided in the home, condominium or apartment.
- The cost varies widely by the type of service needed, the intensity, and the type of provider hired.
- Do not hesitate to ask an agency/person for references, other customers you can call as well as licenses and certifications. In Ohio, home care agencies are not licensed by the state, but, sometimes there are Medicare/Medicaid certification and other forms of private accreditation.
- Whether hiring an agency or self-employed individual, it is important to establish what types of service you need ahead of time.
- **There are many home care agencies in Central Ohio.** Some provide various kinds of personal and medical care, some provide non-medical care and some provide both.
 - **For Medical/Home Health Care:** The best place to check to see which ones serve your area is to go to the website, www.medicare.gov and go into the Home Health Care Compare areas. Choose several that serve your zip code to call and check for availability as well as cost. Medicare and other health care insurance might cover this type of care especially after a hospitalization.
 - **For Non-Medical Care and agencies which provide both medical and non-medical care (companion care):** This type of care can include homemaker, chore services, transportation, and assistance with day to day activities. It is generally NOT covered by Medicare and health care insurance. Go to the COAAA website(www.coaaa.org) and look under the Resources section. From there, you can go to the *Central Ohio Resource Guide* and check for agencies.
 - If you decide to search on the internet or in the yellow pages, the best search terms are: "In Home Respite Providers in Central Ohio."

Should I Hire an Agency or Self-Employed Worker?

Families seeking private home care often wonder whether they should look towards an agency to provide services or hire individuals to provide them. There is no right or wrong answer. Every family should find a solution which best fits their situation.

Considerations for Hiring Self-Employed Home Care Workers

As the Employer, You Will Need to:

- Locate the private home-care worker
- Interview the worker
- Check references, criminal background, driving record, certification/licensure (if applicable)
- Obtain liability insurance for worker injury in the home
- Train and supervise the worker
- Review the worker's performance
- Arrange backup coverage for worker illness or other time off
- Pay the worker, file and pay their Medicare & Social Security taxes
- If necessary, fire the worker

Hiring a Self-Employed Worker:

- May be less expensive than going through an agency — if paying privately
- Provides more opportunity to choose a compatible worker
- May allow more flexibility in scheduling
- May allow more flexibility in the kinds of assistance the worker can provide

Background Checking Self-Employed Home Care Workers — Resources to Help:

- Ohio Bureau of Criminal Identification and Investigation (BCI & I) 877-224-0043
- **WebCheck** - electronic fingerprinting system, can do both State of Ohio and National (FBI) background checks
- For more information and to locate a WebCheck agency go to: www.ohioattorneygeneral.gov "Services", then "Background Checks". Fees vary slightly
- Approximate cost for both Ohio and national checks is \$60

Considerations for Hiring a Home Care Agency

- **The Agency Will:**
 - Conduct an assessment by a professional and develop a plan of care to monitor your loved one's progress
 - Communicate with the doctor and alert him/her to any changes that may develop and obtain additional doctor's orders for medical treatments, equipment, and supplies
 - Withhold payroll taxes (Federal, State & Local) and pay Workers' Compensation insurance for the worker. May also provide some health insurance coverage

- **Agencies May:**
 - Accept Medicare, Medicaid, or Insurance for some types of care
 - Give consumers choice in the home care worker assigned
 - Have less flexibility in scheduling or kinds of assistance provided
 - Be more expensive if paying privately, due to administrative costs

Request & Call Agency References

In addition to calling former clients, the individual or family can call hospital or nursing facility discharge planners, doctors, and community home care programs to get their input on home health agencies.



Questions in Choosing a Home Care Agency

1. How long has the agency been operating?
2. What services does the agency provide?
3. Is the agency licensed to operate in the state? (Not all states require agencies to be licensed. Licensure is usually through the state department of health.)
4. Is the agency accredited? (This is voluntary, but does indicate the agency has met national industry standards.)
5. Is the agency certified by Medicare? (Medicare-certified home health agencies have met federal minimum standards and can receive Medicare and Medicaid payment for some services.) Keep in mind agencies may choose not to become Medicare-certified and still provide high quality care.
6. Is caregiving staff available 24 hours, 7 days a week?
7. What are the fees? What do they cover?
8. What payment sources does the agency accept? (Private self-pay, Medicare, Medicaid, Insurance)
9. What services are covered by my insurance, Medicare, Medicaid?
10. How are agency employees screened prior to employment?
11. Are all agency employees bonded and insured?
12. What kind of training/certification do employees receive?
13. Who supervises the employees? How often?
14. Does the agency require a nurse or therapist's assessment of the patient's home care needs?
15. Does the agency consult the patient's doctor regarding the patient's care plan?
16. Does the agency include the patient and family in care planning?
17. Are there a minimum number of hours required per visit?
18. Is there a maximum number of hours that can be scheduled per week?
19. Does the agency provide written statements that explain costs and payment options?
20. How does the agency handle emergencies?
21. How does the agency handle changes in staffing/schedules?
22. Is holiday service available and if so, at what rate?

8. Respite through Adult Day Health Programs

An Adult Day Program Can Provide Your Family Member with:

- Supervision and social activities
- Assistance with eating, walking, toileting, medication, and bathing
- Physical, Occupational or Speech Therapy
- Health monitoring (blood pressure, food/ liquid intake, blood sugar)
- Nutritious meals, snacks and/or a special diet
- Physical exercise and mental stimulation

An Adult Day Program Provides the Caregiver with:

- Some free time
- Safe care for your loved one while you work
- Practical and emotional support

Questions to Ask an Adult Day Program

1. Who is the owner or sponsoring agency of the adult day center?
2. How long has the center been in operation?
3. What are the days/hours of operation?
4. Is transportation to/from the center available in your area?
5. What are the earliest/latest pickup and drop-off times?
6. What are the costs for all services including transportation?
7. What options exist to assist with the cost of services?
8. Can the center serve persons with memory loss, limited mobility, or incontinence?
9. What are the credentials/training of center staff?
10. What is the ratio of staff to participants?
11. What activities are provided? Are there individual and group activities? Are activities individualized to fit participants' abilities?
12. Meals – Can special diets be accommodated? Are meals appealing & balanced?

Additional Tips in Choosing an Adult Day Program

- Request references from the programs you are considering and check them.
- Give your loved one an opportunity to “try out” the center for part of a day.
- Keep in mind it may take several visits and maybe several weeks for your loved one to become comfortable with the new setting and routine.

For a list of Adult Day Health programs in Central Ohio see page 18.

9. Short-Term Respite in a Facility

Many facilities accept individuals for a short-term “respite” stay. You can search at www.ltc.ohio.gov to find these or **consult our list of providers pages 19-21**. Respite stays provide family or friends who are providing care in the home temporary relief from their caregiving responsibilities. Both Nursing Facilities and Assisted Living Facilities provide short-term respite stays.

Facilities offering short-term respite often require a minimum length of stay. This can range from 3 days to 30 days. A very few facilities have no minimum requirement. When arranging a respite stay you will need to inquire about each facility's requirements regarding length of stay.

- The person’s care needs will determine which type of facility you select:
 - **Skilled Nursing Facility (SNF)** is a facility which provides *nursing and rehabilitative* care that is prescribed by a physician and is delivered on a daily basis by skilled medical personnel such as nurses or therapists. Skilled care is generally provided to assist patients **during recovery** following hospitalization for treatment of acute conditions. Medicare will pay for up to 100 days of skilled care (some of those days are a partial payment): but, because skilled care is so narrowly defined, Medicare payments will usually last for only a short time, and are temporary. Many nursing facilities have a skilled or rehabilitation wing which offers short term care.
 - **Intermediate Care Facility (ICF)** is a facility which provides long term care for patients who do **not** need specialized or daily therapeutic services. These are often referred to as Nursing Homes. Many of them have memory care units. Intermediate care is provided by medical professionals such as registered or licensed practical nurses, and therapists, under the supervision of a physician. Medicare does **NOT** cover intermediate care in nursing homes but Medicaid **DOES**. Many people who are living in Intermediate Care Facilities have limited income and have spent down their assets to apply for Medicaid to cover their care.
 - **Assisted Living Facilities (some have Memory Care Units)** An assisted living facility provides the resident with a range of services most of which do not need to be provided by a nurse or other medically trained person. Assisted living facilities in Ohio are also called Residential Care Facilities and are licensed by the Ohio Dept. of Health at www.odh.ohio.gov.
- **Medicare does NOT pay** for short-term respite stays(unless the person is on hospice). Respite stays in a nursing facility may be paid for with an individual’s own resources or by Medicaid(if the person qualifies). If Medicaid is paying for a short-term respite stay, the State of Ohio requires a face to face assessment of the individual’s level of care. This is to determine that the individual’s needs require nursing home care. The nursing facility will make the arrangements for this assessment.

10. Senior Centers and Respite

Central Ohio has many senior centers and senior programs. Most of these do **not** offer respite as a formal service per se, but they offer a wide variety of recreational and leisure activities as well as travel and learning opportunities. Many senior centers also offer some transportation and other in home assistance programs.

Families and couples may find these activities/programs helpful for participants to maintain social contact and engagement in the community. You and your loved one may enjoy shared activities at a senior center. Please be aware there are typically **NO** care staff at senior centers. Individuals who will need hands on assistance or supervision will need their caregiver to remain with them.

The Senior Centers in Central Ohio are listed on pages 22-23.

11. Hospice Programs and Respite

Hospice care is a type of service which focuses on keeping a person comfortable at the end of life. Medicare and most kinds of health insurance will cover hospice care. Hospice care is intended for people with 6 months or less to live if the disease runs its normal course. If someone lives longer than 6 months, they can still get hospice care, as long as the hospice medical director or other hospice doctor recertifies that they are still terminally ill.

A person on Medicare can choose any hospice provider which serves his/her county to receive services. Once a hospice program is chosen, the person will receive all services related to management of the terminal condition through that program.

All Hospice programs will pay for some caregiver respite services including someone coming into the home or a short stay in a facility setting. Most hospice programs do not have physical facilities but they do contract with short term institutions for respite (usually 5 days or less at a time).

For a list of hospice programs in Central Ohio see page 24.



Central Ohio

Respite Service Providers

Where to Find Medical/Non-Medical In-Home Providers:

- This booklet does **not** include detailed lists of companies or agencies that provide in home respite care as there are many providers in the Central Ohio Area. However, you may find such lists of providers in 3 places:
 - At the website www.coaaa.org, go to the *Central Ohio Older Adults Resource Guide* and look under “Home Health & Homemaker Providers”.
 - For medical services, lists of Medicare Certified home based service providers can be found on the website www.medicare.gov (Home Health Compare Area)
 - Additional home and community-based services are listed in the Yellow Pages/Internet searches under “In Home Respite Care” “Home Health Care”
- To determine the range of services offered and the counties served by organizations on these lists, you will need to contact the individual providers.

Lists of Providers:

- Adult Day Health Programsp.18
- Short-Term Respite in a Facility.....p.19
- Central Ohio Senior Centers.....p.22
- Central Ohio Hospice Providers.....p.24

Every reasonable effort is taken to ensure accurate information. However, we cannot guarantee completeness or timeliness of information. Some of the names, addresses or phone numbers of the properties may have changed since the printing of this guide.

The inclusion of an agency does not represent an endorsement of products or services by the Central Ohio Area Agency on Aging and is based on information available at the time of publication. March 2020

ADULT DAY HEALTH PROGRAMS

Buckeye Adult Daycare LLC

- 3278 Morse Rd, Columbus, OH 43231, 614-476-0388
- 2643 Northland Plaza, Columbus OH 43231 614-882-6296

Carol Strawn Center

126 W Church St, Newark, OH 43055
740-345-5190

Columbus Adult Daycare

5930 Sharon Woods, Blvd., Columbus, OH 43229, 614-392-2017

Embassy Forest Hills Adult Day Center

2841 E Dublin-Granville Rd, Columbus, OH 43231, 614-891-1111

Fairfield Center for Disabilities

681 E Sixth Ave, Lancaster, OH, 43130
740-653-5501

Golden Age Day Care Services

464 Industrial Mile Rd., Columbus, OH 43228
614-351-8351

Himalayan Care Center

2457 E. Dublin Granville Rd., Columbus, OH 43229
614-259-3155

Ideal Adult Day Care Inc.

4371 E. Broad St., #102, Columbus, OH 43213
614-844-4541

Licking County Aging Program Adult Day

1058 E. Main St., Newark, OH 43055
740-345-4771

Madison Co. Senior Citizens Center

280 W High St, London, OH 43140,
740-852-3001

National Church Residences Centers for Senior Health

- 240 N. Champion Ave., Columbus, OH 43203 (Intergenerational Center)
614-253-1185
- 1700 E Dublin-Granville Rd, Cols, OH 43229
614-890-1099

Pickaway County Senior Center

2105 Chickasaw Dr., Box 565, Circleville, OH 43113
740-474-8831

Planet Wellness System/Compassion Care

5975 Cleveland Ave., Columbus, OH 43231
614-423-7959

Profound Day Health Center

5798 Columbus Sq., Columbus, OH 43231
614-218-6502

Quality Adult Day Care Inc.

1867 Woodland Ave.
Columbus, OH 43219
614-300-3009

Samaritan Center Adult Day Services

228 W Hubert Ave, Box 517, Lancaster, OH 43130
740-687-1921

Second Home Adult Day Service

2556 Morse Rd, Columbus, OH 43231
614-414-0077, 614-329-8486

The Sun Adult Day Care

16 Troy Rd., Delaware, OH 43015
740-417-8271

Washington's Intergenerational Adult Day Care

4241 Eastland Square Dr. #A,
Columbus OH 43232
614-866-0100

Wesley Glen Adult Day Care

5155 N. High St., Columbus, OH 43214
614-396-4828

Wesley Ridge Adult Day Care

2225 Taylor Park Dr., Reynoldsburg, OH 43068,
614-350-4189

Westgate Day Health Center

3636 Soldaro Blvd.
Columbus, OH 43228
614-966-1102

WillowBrook by Day

100 Willowbrook Way S, Delaware, OH 43015
740-369-5447

SHORT TERM RESPITE IN A FACILITY

Key to Terms

SNF/ICF=Skilled Nursing Facility/Intermediate Care Facility

AL=Assisted Living Facility,

See page 15 for definitions of each

Information provided in conjunction with the Alzheimer's Assn. of Central Ohio,

www.alz.org/centralohio

Delaware Co.

- **Arbors at Delaware (SNF/ICF)** 2270 Warrensburg Road
Delaware, OH 43015, 740-369-9614
- **The Ganzhorn Suite (AL)** 10272 Sawmill Parkway
Powell, OH 43065, 614-356-9810
- **The Inn at Bear Trail (AL)** 8199 Monroe Drive
Lewis Center, OH 43035, 740-879-3181

Fairfield Co.

- **Carriage Court of Lancaster (AL)** 800 Becks Knob Road
Lancaster, OH 43130, 740-654-4422

Fayette Co.

- **Court House Manor (SNF/ICF)** 555 Glenn Avenue
Washington Court House, OH 43160, 740-335-9290
- **Saint Catherine's Manor (SNF/ICF)** 250 Glenn Avenue
Washington Court House, OH 43160, 740-335-6391

Franklin Co.

- **Arlington Court Nursing Center (SNF/ICF)** 1605 Northwest Professional Plaza
Upper Arlington, OH 43220, 614-451-5677
- **Brookdale Lakeview Crossing (AL)** 4000 Lakeview Crossing
Groveport, OH 43125, 614-836-5990
- **Brookdale Westerville (AL)** 6377 Cooper Road
Columbus, OH 43231, 614-901-2100
- **Columbus Alzheimer's Care Center (SNF/ICF)** 700 Jasonway Avenue
Columbus, OH 43214, 614-459-7050
- **Columbus West Park Nursing & Rehab (SNF/ICF)** 1700 Heinzerling Drive
Columbus, OH 43223, 614-274-4222
- **Dublin Assisted Living and Memory Support (AL)** 6480 Post Rd.
Dublin, OH 43016, 614-210-3243

SHORT TERM RESPITE IN A FACILITY

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Franklin Co. continued

- **Forest Hills Center (SNF/ICF)** 2841 East Dublin Granville Road
Columbus, OH 43231, 614-891-1111
- **Friendship Village of Columbus (SNF/ICF & AL)** 5675 Ponderosa Drive
Columbus, OH 43231, 614-890-8285
- **Friendship Village of Dublin (SNF/ICF & AL)** 6000 Riverside Drive
Dublin, OH 43017, 614-764-1600
- **The Grand (SNF/ICF)** 4500 John Shields Parkway
Dublin, OH 43017, 614-889-8585
- **Hilliard Assisted Living and Memory Care (AL)** 4303 Trueman Blvd.
Hilliard, OH 43026, 614-503-4414
- **The Laurels of Worthington (SNF/ICF)** 1030 North High Street
Worthington, OH 43085, 614-885-0408
- **McNaughten Pointe Care Center (SNF/ICF)** 1425 Yorkland Road
Columbus, OH 43232, 614-861-6666
- **Monterey Care Center (SNF/ICF)** 3929 Hoover Road
Grove City, Ohio 43123, 614-875-7700
- **Summit's Trace Health Care Center (SNF/ICF)** 935 Cassady Avenue
Columbus, OH 43219, 614-252-4987
- **Sunrise of Bexley (AL)** 2600 East Main Street
Bexley, OH 43209, 614-235-3900
- **Sunrise of Dublin (AL)** 4175 Stoneridge Lane
Dublin, OH 43017, 614-718-2062
- **Sunrise of Worthington (AL)** 6525 North High Street
Worthington, OH 43085, 614-846-6500
- **Westminster Thurber (SNF/ICF & AL)** 645 Neil Avenue
Columbus, OH 43215, 614-228-8888
- **Wexner Heritage Village (SNF/ICF & AL)** 1151 College Avenue
Columbus, OH 43209, 614-231-4900

SHORT TERM RESPITE IN A FACILITY

Key to Terms

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Licking Co.

- **Chapel Grove Inn (AL)** 1400 Chapel Way
Heath, OH 43056, 740-522-4663
- **Kindred Transitional Care and Rehabilitation (SNF/ICF)** 75 McMillan Drive
Newark, OH 43055, 740-344-0357
- **Middleton Senior Living (AL)** 1500 Weaver Drive
Granville, OH 43023, 740-587-0059

Madison Co.

- **Bluebird Retirement Community (AL)** 2260 Route 56 SW
London, OH 43140, 740-845-1880
- **Edgewater Place (AL)** 11351 Lafayette Place City Road
Plain City, OH 43064, 614-873- 9700
- **London Health and Rehab Center (SNF/ICF)** 218 Elm Street
London, OH 43140, 740-852-3100

Union Co.

- **Brookdale Marysville (AL)** 1565 London Avenue
Marysville, OH 43040 (937) 738-7342
- **Carriage Court of Marysville (AL)** 715 South Walnut Street
Marysville, OH 43040 (937) 642-2202

CENTRAL OHIO SENIOR CENTERS

Bexley Recreation Senior Citizen Programs

165 N. Parkview Ave., Bexley, OH 43209
614-559-4310

Blendon Township Senior Center

6330 S. Hempstead Rd., Westerville, OH 43081
614-882-1260

Canal Winchester Frances Steube Community Center

22 South Trine St,
Canal Winchester, OH 43110,
614-837-8276

Columbus Department of Recreation & Parks, [Http://Columbus.Gov/Recreationandparks/](http://Columbus.Gov/Recreationandparks/)

Beatty Community Center

247 N. Ohio Avenue, Columbus, OH 43203
614-645-3218

Dodge Community Center

667 Sullivant Ave, Columbus, OH 43215
614-645-8151

Gillie Community Senior Center

4625 Morse Centre Rd., Columbus, OH
43229; 614-645-3106

Golden Hobby Gift Shop

630 S. Third St., Columbus, OH 43206
614-645-8329

Indian Mound Community Center

3901 Parsons Ave., Columbus, OH 43207
614-645-3224

Lazelle Woods Community Center

8140 Sancus Blvd., Westerville, OH 43081
614-645-5330

Marion Franklin Community Center

2801 Lockbourne Rd., Columbus, OH 43207
614-645-3612

Martin Janis Community Senior Center

600 E. 11th Avenue, Columbus, OH 43211
614-645-5954

Schiller Community Center

1069 Jaeger St., Columbus, OH 43206
614-645-3156

Westgate Community Center

455 S. Westgate Ave., Columbus, OH 43204
614-645-3264

Whetstone Community Center

3923 N. High St., Columbus, OH 43214
614-645-3217

Community & Seasoned Citizens (CASC)

900 Columbus Ave., Marysville, OH 43040
937-644-9801

(Delaware) SourcePoint

800 Cheshire Rd., Delaware, OH 43015
740-363-6677

Dublin Community Senior Citizens

5600 Post Road, Dublin, OH 43017
614-410-4550

Fayette County Commission on Aging

1179 S. Elm St.,
Washington Court House, OH 43160
740-335-2159

Gahanna Senior Center

480 Rocky Fork Blvd., Gahanna, OH 43230
614-342-4265

Grandview Senior Center

1515 W. Goodale Blvd.,
Grandview Heights, OH 43212,
614-488-8792

Granville Senior Center

3825 Columbus Rd., Bldg. D, Granville, OH 43023,
740-587-1333;

Grove City Evans Center

4330 Dudley Ave., Grove City, OH 43123
614-277-1060

Groveport Senior Center

7370 Groveport Rd., Groveport, OH 43125
614-836-4599

(Hilliard) Phyllis A. Ernst Senior Center

3810 Veterans Memorial Dr., Hilliard, OH 43026,
614-876-0747

CENTRAL OHIO SENIOR CENTERS

Jewish Community Center of Greater Col.

1125 College Ave., Columbus, OH 43209
614-559-6214

John J. Gerlach Center for Senior Health

3724 Olentangy River Rd.-Ste. A, Columbus,
OH 43214, 614-566-5858

Licking County Aging Program

1058 E. Main Ste., Newark, OH 43055
740-345-0821

Lifecare Alliance

Dining Centers with Social Activities;
614-278-3153

Madison County Senior Citizens Center

280 W. High St., London, OH 43140
740-852-3001

Mt. Sterling Community Center

164 E. Main St., Mt. Sterling, OH 43143
740-869-2453

Obetz Community Center Senior Services

1650 Obetz Avenue, Obetz, OH 43207
614-491-4546

Olivedale Senior Center

253 Boving Rd., Lancaster, OH 43130
740-687-6655

Pickaway Senior Center

2105 Chickasaw Dr., Po Box 565,
Circleville, OH 43113
740-474-8831

Pickerington Senior Center

150 Hereford Dr., Pickerington, OH 43147
614-837-3020

Pleasant Valley Center

390 Allgyer Dr., Plain City, OH 43064
614-873-8870

Prairie Twp. Community Center

5955 W. Broad St., Galloway, OH 43119
614-907-7990

Richwood Civic Center

235 Grove St. #200, Richwood, OH 43344
740-943-2310

Senior Citizens of Fayette County, Inc.

723 Delaware St.,
Washington Court House, OH 43160,
740-335-4868

Senior Citizens of Reynoldsburg Center

1520 Davidson Dr., Reynoldsburg, OH 43068
614-866-5890

Upper Arlington Senior Center

1945 Ridgeview Rd.,
Upper Arlington, OH 43221
614-583-5320

West Jefferson Senior Citizen Center

28 E. Main St., West Jefferson, OH 43162
614-879-7620

Westerville Senior Center

310 W. Main St., Westerville, OH 43081,
614-901-6560

Whitehall Senior Center

4924 Etna Rd., Whitehall, OH 43213,
614-328-2879

Windsor & Community Seniors, Inc.

376 Rosehill Dr. Suite C,
Marysville, OH 43040
937-644-8464

Worthington Griswold Center

777 High St., Worthington, OH 43085
614-842-6320

CENTRAL OHIO HOSPICE PROVIDERS

Bella Care Hospice & Palliative Care

110 Polaris Parkway Suite 302
Westerville, OH 43082
614-473-0044

Berger Hospice

610 Northridge Rd., Circleville, OH 43113
740-420-7950

Capital City Hospice

2800 Corporate Exchange Drive Suite 170,
Columbus, OH 43231
614-441-9300

Fairhope Hospice & Palliative Care

282 Sells Rd.
Lancaster, OH 43130
740-654-7077

Generations Hospice, LLC

1435A West Main St.
Newark, OH 43055
740-348-1399

Grace Hospice of Ohio

355 E. Campus View Blvd. Suite 270
Columbus, OH 43235
614-847-3650

Heartland Home Health & Hospice

6500 N. Busch Blvd. Suite 210,
Columbus, OH 43229
614-840-9856

Hospice of Central Ohio

2269 Cherry Valley Rd.,
Newark, OH 43055
740-788-1400

Hospice of Fayette Co. 222 North Oakland Ave,

Washington CH, OH 43160
740-335-0149

Kindred Hospice II

540 Officecenter Place, Suite 100
Gahanna, OH 43230
614-414-0500

Loving Care Hospice & Home Health

65 S. Oak St. London, OH 43140
740-852-7755

Mt. Carmel Hospice

1144 Dublin Rd.,
Columbus, OH 43215
614-234-0200

National Church Residents Home & Community Based Services

2245 North Bank,
Columbus, OH 43220
614-457-6950

Nationwide Children's Hospice

255 E. Main St.,
Columbus, OH 43215
614-355-1100

Ohio Health Hospice

800 McConnell Dr.,
Columbus, OH 43214
614-566-0248

Ohio Living/Senior Independence Hospice

2740 Airport Dr. Suite 140,
Columbus, OH 43229
614-433-0031

Summit Hospice

170 Taylor Station Rd. #220
Columbus OH 43213
614-866-8158

Summit/VNA Hospice

1 East Campus View Blvd., Suite 230
Columbus, OH 43213
513-345-8010

Viaquest Hospice

171 Morey Dr., Marysville, OH 43040
937-303-0593

Wesley Hospice LLC

4588 Wesley Woods Blvd, Suite 2A
New Albany, OH 43054,
614-451-6700

Zusman Jewish Community Hospice

1151 College Ave.
Columbus, OH 43209
614-559-0350

The Central Ohio Aging and Disability Resource Network (ADRN) is a collaborative effort of the Central Ohio Area Agency on Aging and community partners, designed to streamline access to long-term services and supports that promote community living, personal choice and independence for older adults and all persons with disabilities regardless of age. Central Ohio Community Partners Include:

CareStar Case Management Agency

2760 Airport Drive, #130, Columbus, OH 43219, 614-751-7777, www.carestar.com

Centers for Independent Living

- **MOBILE: Center for Independent Living** (Mid Ohio)
690 High Street, Columbus, OH 43206
614-443-5946, www.mobileonline.org
- **SOCIL (Southeastern Ohio Center for Independent Living)** Fairfield County Office, 418 South Broad Street, Lancaster, OH 43130
740-689-1494
Hocking County Office, 1369 East Front Street Logan, OH 43138
740-380-1475, www.socil.org
- **CDE — Center for Disability Empowerment**
510 E. North Broadway, Columbus, OH 43214,
614-575-8055 www.disabilityempowerment.net

Senior Service Providers

- **SourcePoint**, 800 Cheshire Dr., Delaware, OH 43015,
740-363-6677, www.mysourcepoint.org
- **Meals on Wheels of Fairfield County**, 1515 Cedar Hill Rd., Lancaster, OH 43130,
740- 681-5050, www.mowfc.org
- **Fayette County Commission on Aging**, 1179 S. Elm St., Washington CH, OH 43160,
740-335-2159, www.fayettecoa.com
- **Franklin County Office on Aging**. 280 E. Broad St., 3rd Floor, Columbus, OH 43215,
614-525-6200, www.officeonaging.org
- **Licking County Aging Program**, 1058 E. Main St., Newark, OH 43055,
740-345-0821/800-452-0097, www.lcap.org
- **Madison County Senior Center** 280 W. High St., London, OH 43140,
740-852-3001, www.mcseior.org
- **Pickaway County Senior Center**, 2105 Chickasaw Dr., Circleville, OH 43113,
740-474-8831, www.pickawayseniors.org
- **Union County Senior Services**, 940 London Ave, Marysville, OH 43040,
937-644-1010, www.co.union.oh.us

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or visit www.coaaa.org

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