



COAAA VIRTUAL DEMENTIA CAREGIVER SUPPORT GROUP

Details

- Meets at 10:00-11:30am on Monday of each week. Call or email one of the facilitators to receive connection information for virtual meetings. Can either connect with video or by phone call.
- Visit our website at www.coaaa.org

CONTACTS/FACILITATORS

- Paula Taliaferro MGS, LSW
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Build a support system with people who understand. Our support group is conducted by trained facilitators, is a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.